

Building Courage, Growth & Community.



Bold & Gold is a YMCA program where teens take the lead outdoors by building confidence and connection through teamwork and shared adventure.

OUR BELIEF

At Bold & Gold, we believe that doing hard things together, builds teens up.

So we go outdoors side by side, into new terrain, new friendships, and new ways of seeing ourselves. Where teamwork, laughter, and wonder turn obstacles into adventure.

Where the grind can wait. And we can breathe.

Because when young people face challenge with support, they come home not just stronger, but steadier. Not just accomplished, but at ease in themselves.

TEENS TODAY ARE EXPECTED TO SHOW UP POLISHED, PREPARED, AND UNSHAKABLE.

At school, online, and in life, the pressure to perform never really lets up. But resilience doesn't come from perfection, it comes from practice. And too often, there's no room to try, to wobble, to get it wrong and try again.

Bold & Gold, gives teens real experiences: challenges that stretch them, support that steadies them, and the chance to discover what they can do when they work together. It's not easy. Not ordinary. All worth it.

LEADERSHIP DEVELOPMENT

On a Bold & Gold, trip, youth identify their personal leadership style through identifying their own strengths, valuing the strengths of others, and contributing their unique leadership abilities to the overall success of the group. As a part of the Bold & Gold, trip, each participant will help make decisions for the group, learn the art of delegating to other youth, and help peers resolve conflict as a "Leader of the Day."

ALL YOU NEED IS A DESIRE TO GO!

We have trips designed for beginners with no prior experience and trips for skilled explorers. Bold & Gold is for everyone. Anyone can grow in the outdoors!



2027 BOLD & GOLD TRIPS & DATES:

Introductory Trips, 6th to 7th graders:

Outdoor Day Excursions: June 13–19

Outdoor Day Excursions: July 4–10

Outdoor Day Excursions: July 11–17

Level 1 Trips, 7th to 9th graders:

Fishing Trip: June 27–July 3

Hiking Trip: July 18–24

Hiking Trip: July 25–31

Level 2 Trips, 8th to 10th graders:

Paddling Trip: June 6–12

Paddling Trip: June 20–26



WHY BOLD & GOLD?

There is no other program like Bold & Gold. Nowhere else can campers from all different backgrounds learn leadership skills, how to work with others, and develop confidence in themselves as they explore the outdoors.

Questions or More Information? Email Maya Joglekar at MayaJ@ymcaatlanta.org.

Register at ymcaatlanta.org/camp/bold-gold