

Aquatics: Parent/Child and Preschool Lessons

Swim Lessons

Group Lessons: MEM \$40 PRO \$60



Parent/Child Lessons *ages 6 - 36 months • 30 min.*

Parent/Tot *parents and tots ages 6-36 months:* Songs, game playing and blowing bubbles. Water safety, adjustment skills and basic swim movements.

SAT: 9:00 am

Preschool Classes *ages 3-5 • 30-minutes*

Beginner I (*Pike*)– Designed for new swimmers. Basic paddling/kicking skills, pool safety and learning to put their face in the water while blowing bubbles.

Beginner II (*Eel*) – Can float on front and back with assistance, can swim 5 feet without flotation, can put face into water.

Advanced I (*Ray*) *Skills required* – Swims without flotation belt, glides and floats, jumps in water and swims to wall, swims a distance of 15 feet.

Advanced II (*Starfish*) *Skills required* – Can swim modified front crawl and elementary backstroke, can tread water.

M/W: 5:30 pm* (beginners) or 6:00 pm* (advanced)
*(The above classes run only May - September)

T/TH: 5:30 pm (beginners) or 6:00 pm (advanced)

SAT: 9:00 pm (beginners and advanced)

SUN: 12:30 pm (beginners and advanced)

Private/Semi Private Lessons *members only*

Consists of three hours of instruction; 6-30 minutes, 4-45 minute or 3-1 hour lessons.

Private (1 to 1): \$90

Semi-Private: \$120 (*at least 2 in a class at \$60 per person*)

Call to schedule private lessons with Joy Smith, 404-581-4978.



In 1908, 3,330 people drown in America. The next year, with help of Candian, George Corsan, the YMCA set out to teach "American's to Swim".

Sessions & Registration

Weekdays

(4 weeks • Twice a week)

January 6 - January 29

Registration opens November 17

February 3 - February 26

Registration opens January 20

March 3 - March 26

Registration opens February 17

April 7 - April 30

Registration opens March 17

May 4 - May 28

Registration opens April 21

Saturdays

(8 weeks • Once a week)

January 10 - February 28

Registration opens November 22

March 7 - April 25

Registration opens January 24

May 2 - June 27

Registration opens March 21

Sundays

(8 weeks • Once a week)

May 3 - June 28

Registration opens April 18

July 12 - August 30

Registration opens May 17

