

# Aquatics: Swim Lessons & More!

**Weekdays**  
**Weekends**

**MEM: \$53 PRO: \$75**  
**MEM: \$33 PRO: \$53**



## **Parent/Child Lessons** *children ages 6-36 months:*

**Tot:** This class is not intended to teach children to swim. Games, songs and water movements are introduced.

## **Preschool Lessons** *children ages 3-5 years:*

**Pike-Beginner:** Bubble blowing, front and back float with support, submerging head independently in water with flotation. Swim 5 yards without assistance.

**Eel-Intermediate:** Swims independently 15 yards to the instructor and back to wall. Learn strokes and breathing.

**Ray-Advanced:** Build endurance and learn to tread water.

**Starfish-Advanced:** Children who can perform front and back crawl with no assistance. Refine stroke and skills.

## **Youth Lessons** *ages 6-12:*

**Polliwog-Beginner:** 20 feet without flotation.

**Guppy-Advanced Beginner:** 25 yards front & back crawl.

**Minnow-Intermediate** thru **Shark-Advanced:** There are 4 levels total (Minnow, Fish, Fly Fish, Shark). Swim 25 - 100 yards of each stroke (depending on level).

## **Adult Lessons** *ages 14+:*

**Adult-Ages 14+:** Beginners learning to swim.

## **Private Lessons** *ages 3+:*

Schedule an appointment at the courtesy counter to speak to an instructor.

3 hours Private Lessons: \$100

3 hours Semi-Private Lessons: \$130



## **Kool Poolers (Arthritis)**

Monday/Wednesday/Friday  
9:00 am • Cost \$100 (4 months)

**Swim Team:** Year round participation. Swim meets are once a month.

M/W/F 7:00 – 8:30 pm  
\$135 joining fee (suit, goggles, etc.),  
\$48 monthly

**Lap Swim:** One or more lanes are available for lap swimming each day. Lap swimming (lanes) may be unavailable during peak usage times (usually 4-7 pm during the week).

## **Prime Time After School Swim:**

Transportation will be provided to and from the school

4:00 – 5:00 pm • \$50 per child

## **First Aid & CPR / Lifeguard Training:**

Individuals may participate in this American Red Cross class to receive certification. Register at the courtesy counter. **Every 3rd Saturday/month.**

**Infant/Child CPR: \$75 • Adult CPR: \$75**  
**Infant/Child/Adult CPR: \$125**

## **Lifeguard Training:**

MEM: \$175 PRO: \$205



**Day Care Swim:** We offer our facility and instructors to community organizations, day care centers, private schools, charter schools, and summer camps. In April, at our Day Care Brunch, each center bids on pool time and space for summer participation. Don't miss it! **\$48 per child.**