



YMCA Gym & Swim

(ages 3-5 years)

A safe and fun program to encourage growth of the child physically, mentally and spiritually. This can be the beginning of a pattern for enjoyment of a physically active lifestyle.

30 minutes in the gym (movement and agility)

30 minutes in the pool (swim lessons)

Minimum of registered to start lessons.

Tuesdays 10:45 – 12:00

Session: February 23rd – March 30th

Session: April 13th – May 18th

FACILITY MEMBER: \$88

PROGRAM MEMBER: \$105

SWIM LESSONS – New Session starts 2/9/10. Go to tgy.ymcaatlanta.org for schedule information.