

YCHILD WATCH™

We build strong kids, strong families, strong communities.

Welcome to the
Children's Play Center
(Y-TIKES). For ages
3 months - 5 years.

HOURS

Monday - Friday:
9:00 am - 1:00 pm
3:30 pm - 8:30 pm

Saturday:
9:00 am - 2:00 pm

Sunday:
CLOSED

*Hours are subject to change
during the holidays and Summer.*

TIME LIMIT

Children may be left for up to
two hours a day and seven
hours per week.

**Nursery is free to children who
are facility members.**

SIGN IN/SIGN OUT

Please give your child's card to
the nursery attendant. Sign
your child(ren) in and note the
time and where you will be in
the facility in case we need to
speak with you. You will be
given a numbered button and
your child a name tag with your
number and time of check in.

If your child cries or seems
distressed for more than ten
minutes, we will call you on the
intercom so that you may come
and help the child.

You must remain on the YMCA
premises at all time when using
the nursery. This is in the best
interest of your child.

**Must be 18 years or older to
sign children into the CPC.**



PTO (Parent Time Out)

Need time out? Need to get things done?
The Children's Play Center provides Parent
Time Out for ages 3 months to 12 years on:

Tuesday and Thursday
Morning only from 9:00 am - 1:00 pm
\$7.00 per hour
Maximum 4 hours per day

Registration is required.. This service is for
facility members only. Please provide a
snack for your child. Children will
participate in story time, games and arts
and crafts in the CPC. If the CPC is at
capacity, members using the facility will
have first priority.

SNACKS

The YMCA cannot be responsible for pre-
paring formula or serving meals to children
in our care. You may bring in baby bottles
and sippy cups with a lid. Please inform
staff of any allergies (food, or beverages -
peanut, milk etc).

BELONGINGS

If the child is not completely potty trained,
he or she needs to be in a diaper or pull-up.
Diapers for each child should be supplied
by the parent. Please label all bags and
diapers.

Personal toys are difficult to keep up with
in the nursery and we suggest you keep
them at home.

KIDS ONLY, PLEASE

Parents are not permitted in the play center
at anytime during regular hours.

ILLNESS/CONTAGIOUS CONDITIONS

Any child who appears to have any illness
or contagious condition including but not
limited to cold or cough, diarrhea or
vomiting, nasal or ear discharge, fever,
contagious rashes (chicken pox, impetigo,
fifths disease) or head lice - will be asked
to be removed from our CPC. The child
cannot return until he/she is symptom
free or has a doctor's note stating that
the child is no longer contagious. In any
case, sick children should not return for
48 hours. YMCA staff will not distribute
medication.

TIME OUT

This is the only form of discipline used in
our CPC. Any child who shows aggressive
behavior such as the use of foul language,
dangerous play or fighting will be
suspended for two weeks or termination
of membership privileges. The YMCA
expects members and guests to behave in
an appropriate manner.

Members will be held responsible for the
conduct of any guests they bring to the
YMCA..

IN THE EVENT OF AN EVACUATION

Parents should report to the CPC
evacuation area as soon as they are safely
outs the building. The evacuation area is
located to the left of the main entrance.
Our staff has been thoroughly trained on
emergency procedures and will assist
members and children in the event of an
emergency. You will be able to sign your
child out, if you so choose, at this
location.

Questions? Call East Lake Family YMCA
404-373-6562