

THE VILLAGES AT CARVER FAMILY YMCA

SPECTRUM OF ACTIVITIES FOR ALL AGES

SOMETHING TO DO FOR ALL AGES	SUMMER CAMP	SPORTS	AFTER-SCHOOL CHILD CARE	FAMILY ACTIVITIES	AQUATICS	GYMNASTICS DANCE	WELLNESS	OTHER ACTIVITIES
INFANTS AGES 3 MTHS-3				PARENT'S TIME OUT (PTO) SPECIAL EVENTS	SWIM LESSONS (PARENT - TOT)	TODDLERSIZE (PARENT - TOT) DANCE CLASS		PLAY CENTER
PRESCHOOL AGES 4-5	DISCOVERY CAMP	T-BALL BASKETBALL	AFTER SCHOOL PROGRAM AND HOLIDAY CAMP	FAMILY NIGHTS BOOK CLUB SPECIAL EVENTS	YOUTH SWIM LESSONS	KINDER-GYM GYMNASTICS DANCE-BALLET		PLAY CENTER
YOUTH AGES 6-12	EXPLORERS SUMMER DAY CAMP BASEBALL CAMP BASKETBALL CAMP	SOCCER BASKETBALL SOFTBALL BASEBALL KARATE	AFTER SCHOOL PROGRAM AND HOLIDAY CAMP	FAMILY NIGHT BOOK CLUB SPECIAL EVENTS	PROGRESSIVE SWIM LESSONS SWIM TEAM	PROGRESSIVE GYMNASTICS DANCE- JAZZ/BALLET	YOUTH FIT FOR LIFE	GIRL/BOY SCOUTS PLAY CENTER COMPUTER LAB
TEENS AGES 13-17	BASKETBALL CAMP L.I.T. PROGRAM C.I.T. PROGRAM TEEN EMPLOYMENT	SOCCER BASKETBALL SOFTBALL BASEBALL KARATE	TEEN LEAD PROGRAM	FAMILY NIGHTS SPECIAL EVENTS	PROGRESSIVE SWIM LESSONS SWIM TEAM SCUBA	DANCE- JAZZ/HIP HOP/ AFRICAN/LATIN	YOUTH FITNESS ORIENTATION (YFO) TEEN FITT AEROBICS	TEEN NIGHTS TEEN-CLUBS CPR & FIRST AID MEDIA LAB MENTORING SPANISH CLUB/ CLASSES SAT/GED PREP
YOUNG ADULTS AGES 18 & UP		SOFTBALL BASEBALL VOLLEYBALL BASKETBALL		FAMILY NIGHTS SPECIAL EVENTS	SWIM LESSONS WATER AEROBICS SCUBA STEAM WHIRLPOOL LAP SWIM	DANCE JAZZ/HIP HOP/ AFRICAN/LATIN CHICAGO STYLE STEPPING	COACH AP- PROACH/ FITLINXX CARDIO-VASC. STRENGTH TRAIN GROUP FITNESS GROUP CYCLING FREE-WEIGHTS	SELF-DEFENSE YOGA CPR & FIRST AID HEALTH FAIRS/ SCREENINGS SPANISH CLUB BOOK CLUB GED PREP COMPUTER LAB
SENIOR (55 & OLDER)				FIELD TRIPS FAMILY NIGHTS SPECIAL EVENTS SOCIALS	WATER AEROBICS/ ARTHRITIS CLASSES LAP SWIM SIM LESSONS	LINE DANCING	WALKING CLUB STRETCH/ EXERCISE COACH AP- PROACH/FITLINXX GROUP EXERCISE	COMPUTER LAB YOGA CPR & FIRST AID HEALTH FAIRS/ SCREENINGS BOOK CLUB TRAVEL CLUB
COMMUNITY OUTREACH	SUMMER DAYCAMP	BASEBALL SCHOOL PE	AFTER SCHOOL PROGRAM ISSP	SPECIAL EVENTS HOME SCHOOL ACTIVITIES	"SPLASH"/ PRESCHOOL LEARN TO SWIM PROGRAM		GYM/SWIM	ADULT GED PREP COMPUTER TRAIN SPANISH CLUB MEETING ROOMS