



Sonjia Waller Young
Andrew and Walter Young Family YMCA

Caters to Everyone: “The Y is different because of the total family involvement and the programs it offers to all ages. There is something of interest for everyone. I believe that helping one life at a time through the Y will positively change the future of our planet.”

Do Unto Others: “God has given us so many blessings that it’s our responsibility to give back to these young people. Volunteering at the Y can help save young peoples’ lives and encourage our future generations to become leaders in the world. I get the greatest satisfaction knowing that I’m making a difference in a teen’s life.”

Family Affair: “The Youngs have been active YMCA volunteers and members for the past 30 years. “Family is key,” says Sonjia. “We can all be a family to some child at the Y. Just a little time means so much to someone without a family of their own.”

A Balancing Act: “Over the years Sonjia has been instrumental in planning major events at our Y including, the recent Dr. Maya Angelou Birthday Gala. On top of her dedication to events, she also is involved with the Teen Advisory committee, Partner With Youth campaign, Member’s Ambassador’s committee, and volunteer recruitment,” says Diane Baker-King, executive director.

Husband: Walter

Children: Tony, Tanya, Tammy, and Nikki

Grandchildren: Danielle, Marshall, Jonathan, and Trinity