

JM Tull YMCA

Racquetball Information

FREE Beginner Racquetball Clinics:

When: Held the 3rd Saturday of every month

Time: 9:00 –10:00am on Court A

Demo Racquets will be available,

Safety glasses (eye guards) recommended

Sign-up is required - sign-up posted near courts on the *Racquetball News* board.

Meet by Racquetball Court A promptly at 9:00am on Clinic.

Upcoming Clinic Schedule:

Nov. 22, Dec.20, Jan. 24 (please note date change)

FREE Racquetball Leagues:

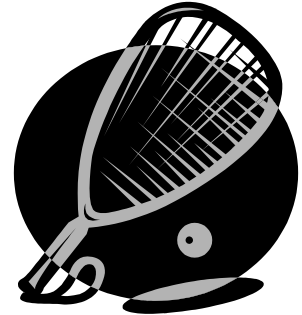
Adult - Men & Women Racquetball Leagues are held throughout the year

FREE Challenge Nights:

Held every **Thursday** from 5:30-8:30pm on Courts A & B (*Open to all levels*)

NEW Monday Night Challenge! Court A from 5:30-8:39pm (*all levels*)

This is a great way to have fun, meet new people and get a great workout!



Lynn Fonseca, *Certified AmPRO instructor, Team Wilson player*

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Wilson.

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