

# Y SWIM LESSONS™

We build strong kids, strong families, strong communities.

# 2009

S w i m m i n g

## WEEKDAY SESSIONS (2 lessons per week)

<i>SESSION DATES</i>	<i>REGISTRATION DEADLINE</i>	<i># OF WEEKS IN A SESSION</i>
Jan.6 -Jan.29	Jan.1	4 weeks
Feb.3 -Feb.26	Jan.29	4 weeks
Mar. 3 -Mar. 26	Feb.26	4 weeks
Apr.7-April 30	April 2	4 weeks
May 4 -May 28	April 30	4 weeks

\*\*All make up lessons will be held on Friday

\*During inclement weather instructors will provide water safety & dry land lessons  
(Great opportunity for parents to interact with children and instructors)

## SATURDAY SESSIONS (1 lesson per week)

<i>SESSION DATES</i>	<i>REGISTRATION DEADLINE</i>	<i># OF WEEKS IN A SESSION</i>
Jan.10 -Feb.28	Jan. 8	8 weeks
Mar. 7-April 25	Mar.05	8 weeks
May 2 -June 27	April 30	8 weeks

All make up lessons will be held on Friday

\*During inclement weather instructors will provide water safety & dry land lessons  
(Great opportunity for parents to interact with children and instructors)

## SUNDAY SESSIONS (1 lesson per week)

<i>SESSION DATES</i>	<i>REGISTRATION DEADLINE</i>	<i># OF WEEKS IN A SESSION</i>
May 3 -June.28	April 30	8 weeks
July 12 -August 30	July 9	8 weeks

All make up lessons will be held on Fridays

\*During inclement weather instructors will provide water safety & dry land lessons  
(Great opportunity for parents to interact with children and instructors)

\*Monday and Wednesday Youth classes will be offered the months of May through September only.

Andrew & Walter Young Family YMCA 2220 Campbellton Rd. SW, Atlanta, GA 30311 / 404- 523-9622

## **Parent/Child Program (6-36 months)**

### **Parent/Tot**

Encourage child's independence in the water with parent. Emphasize basic aquatic safety and provide positive learning environment for swimming. (3 – 8 students)

**Saturday 9:00am - 9:30am**

## **Pre-School Program (3-5 yrs)**

### **Beginner (Pike & Eel) Advanced (Ray & Starfish)**

Water readiness is taught. Child learns to put face in water, blow bubbles, kick properly, and gain independence with use of swim belt. (3 – 10 students)

**Monday & Wednesday Classes will held during the months of May -thru- September ONLY**  
**Tuesday & Thursday 5:30pm - 6:00pm (Beginner) or 6:00pm - 6:30pm (Advanced)**  
**Saturday 9:00am - 9:30am (Beginner & Advanced)**  
**Sunday 12:30pm - 1:00pm (Beginner & Advanced)**

## **Youth Progressive Program (6-14 yrs)**

### **Beginner (Polliwog & Guppy) Advanced (Minnow & Fish)**

Child is introduced to crawl strokes, front & back floats, and paddling without assistance. (3 – 16 students)

**Monday & Wednesday Classes will held during the months of May -thru- September ONLY**  
**Tuesday & Thursday 5:30pm - 6:15pm (Beginner) or 6:15pm - 7:00 pm (Advanced)**  
**Saturday 9:30am - 10:15am (Beginner & Advanced)**  
**Sunday 1:15pm - 2:00pm (Beginner & Advanced)**

## **Adult Program (13 yrs & older)**

**Beginners (B) / Intermediate (I) & Advanced (A) (3 – 16 students)**

**Tuesday & Thursday 7:00pm – 7:45pm (B)(I)(A)**  
**Saturday 9:30am - 10:15am (B)(I)(A)**

**Group Swim Lesson Fees:** Sessions consist of 8 lessons.

**Facility Member \$40**

**Program Member \$60**

\*A minimum of 3 participants must be registered for a group swim lesson or the class will be subject to cancellation.

**Private/Semi-Private Swim Lesson Fees:** Session consists of three hours of instruction; 6-30 minute, 4-45 minute, or 3-1 hour lessons.

**Facility Members ONLY!** \$90 Private (1 to 1 Scheduled with instructor) / \$120 Semi-Private (at least 2 in class \$60.00 per student)

\*Semi-private and private swim lessons will be scheduled at the convenience of the member and the availability of the pool and the swim instructor.

## **Important information about Swim Lessons at the Andrew & Walter Young Family YMCA.**

- There is a \$15 late fee for all registrations accepted after the registration deadline. There will be no make-up classes for missed lessons.
- If you are not a member, an annual program membership fee is due at the time of registration (\$25 individual / \$35 family).
- Classes are not held on holidays in which the YMCA is closed. There will be no make-up classes for holidays.
- Make up classes are always scheduled on the Friday following the class cancellation (allowed only if the YMCA cancels a class).
- No refunds are given for unattended classes. All individual situations will be reviewed by the Aquatic's Director.
- All YMCA approved refunds will take approximately 10 days for processing.
- At the beginning of each session, a mandatory parent orientation is held on the pool observation deck (please bring receipt for class).

**For More Information, Contact: Joy Smith, Aquatic Director**  
**(404)581-4978 or (404)523-9622, [sylvias@ymcaatlanta.org](mailto:sylvias@ymcaatlanta.org)**