

Aquatics: Private Lessons, Swim Team & Clinics

Private Lessons

Private Swim: members only ages 3+: Students receive a total of two hours of one-on-one instruction with a certified swim instructor. Please fill out a registration form and an instructor will contact you as soon as one becomes available.

Private lessons: \$120

Semi-private lessons: \$80 each

Build Your Own Swim Class \$65 per child (4, 30-min. classes)



Swim Team

Fins Swim Team: Participants will learn about all aspects of competitive swimming, will work hard and have fun improving their strokes. All new participants must complete an evaluation with a coach so he/she can be placed in the appropriate ability group. Swimmers are asked to practice 2 times per week and strive to adhere to a M/W or T/Th schedule. Fins swim team includes fun, team-building field trips, as well as classroom meetings to watch instructional videos, discuss strategies, and learn sportsmanship. Additional information is available on the web at www.fowlerfins.swim-team.us.

Starts August 17

Registration begins in late July

MEM: \$125 PRO: \$180



Stroke Clinic

Stroke Clinic: Designed to improve swimmers techniques before the fall swim season begins. Meets twice a week for 2 weeks, concentrating on each of the four competitive strokes during each session. Must be able to swim 1 length of the pool freestyle & backstroke.

Mondays & Wednesdays, July 13-Aug 6

6 & under: 4:00 – 4:30 pm

8 & under: 4:00 – 4:45 pm

9-12: 4:45 – 6:00 pm Intermediate
(mastered freestyle, backstroke, breaststroke)

11 & up: 7:30 – 8:30 pm Advanced
(proficient in all four strokes)

MEM: \$100 PRO: \$135



Masters Swim Club

Master Swim Club: Coached workouts provided for adults 19 years of age and older. This program is designed for both fitness and competitive swimmers of varying skill levels. Georgia masters meet competitions available .

M/W/F: 6:00 – 7:00 am

Fee: Included with Facility Membership

Safety Certification Clinics

CPR/AED: For the workplace.

June 10 • August 5

6:00 – 9:30 pm

MEM/PRO: \$45

First Aid: Three-Year Certification

July 15 • August 4

5:30 – 9:30 pm

MEM/PRO: \$60

***Sign up for both for \$85!**