

Cowart Family - Ashford Dunwoody YMCA

POOL SCHEDULE

This schedule is accurate through August 14, 2009

This schedule contains the number of lanes assigned to lap and family swim activities.
will sometimes change to allow for more or less lanes for these activities.

Schedule

LAP SWIM						
Times	Monday	Tuesday	Wednesday	Thursday	Friday	
5:30 am - 6:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
6:00 am - 7:00 am	5 lanes	7 lanes	5 lanes	7 lanes	5 lanes	5 lanes
7:00 am - 9:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
9:00 am - 10:00 am	2 lanes	3 lanes	2 lanes	3 lanes	2 lanes	2 lanes
10:00 am - 11:30 am	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
11:30 am - 1:00 pm	2 lanes	3 lanes	2 lanes	3 lanes	2 lanes	2 lanes
12:00 pm - 1:00 pm	3 lanes	4 lanes	3 lanes	4 lanes	3 lanes	3 lanes
1:00 pm - 4:00 pm	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
4:00 pm - 5:00 pm	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
5:00 pm - 6:30 pm	2 lanes	2 lanes	2 lanes	2 lanes	3 lanes	3 lanes
6:30 pm - 7:30 pm	2 lanes	3 lanes	2 lanes	2 lanes	3 lanes	3 lanes
7:30 pm - 8:30 pm	3 lanes	5 lanes	3 lanes	3 lanes	5 lanes	5 lanes
8:30 pm - 9:45 pm	5 lanes	5 lanes	5 lanes	5 lanes	5 lanes	5 lanes



Saturday	
8:00 am - 8:30 am	7 lanes
8:30 am - 9:30 am	5 lanes
9:30 am - 1:30 pm	2 lanes
1:30 pm - 5:45 pm	4 lanes

Sunday	
8:00 am - 9:30am	6 lanes
9:30 am - 5:45pm	4 lanes

FAMILY SWIM					
Monday	Tuesday	Wednesday	Thursday	Friday	
11:30 am - 1:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm	11:30 am - 1:00 pm
4:00 pm - 9:45 pm	4:00 pm - 9:45 pm	4:00 pm - 9:45 pm	4:00 pm - 9:45 pm	4:00 pm - 9:45 pm	4:00 pm - 9:45 pm

Saturday
9:00am - 5:45pm



Sunday
9:00 am - 5:45 pm



ALL PATRONS ARE REQUIRED TO SHOWER PRIOR TO ENTERING SWIMMING OR WHIRLPOOLS AS REQUIRED BY THE HEALTH DEPARTMENT

CHILDREN UNDER 4 YEARS OLD MUST WEAR TIGHT FITTING SWIM DIAPERS AND PANTS. ONLY CHILDREN MEETING THIS REQUIREMENT WILL BE ALLOWED TO SWIM.

WE STRIVE TO ABIDE BY THIS SCHEDULE. HOWEVER, THE GUARD HAS THE AUTHORITY TO CHANGE THE LANES AS NEED TO ACCOMMODATE VARIOUS ACTIVITIES.



We build strong kids, strong families, strong communities.