

Aquatics: Parent/Child and Preschool Lessons

Swim Lessons

Group Lessons: MEM \$40 PRO \$60



Parent/Child Lessons *ages 6 - 36 months • 30 min.*

Parent/Tot *parents and tots ages 6-36 months:* Songs, game playing and blowing bubbles. Water safety, adjustment skills and basic swim movements.

SAT: 9:00 am

Preschool Classes *ages 3-5 • 30-minutes*

Pike: BEGINNER— Designed for new swimmers. Basic paddling/kicking skills, pool safety and learning to put their face in the water while blowing bubbles.

Eel: BEGINNER — Can float on front and back with assistance, can swim 5 feet without flotation, can put face into water.

Ray: ADVANCED Skills required — Swims without flotation belt, glides and floats, jumps in water and swims to wall, swims a distance of 15 feet.

Starfish: ADVANCED Skills required — Can swim modified front crawl and elementary backstroke, can tread water.

M/W: 5:30 pm (beginner) or 6:00 pm (advanced)

T/TH: 5:30 pm (beginner) or 6:00 pm (advanced)

SAT: 9:30 pm (beginner and advanced)

SUN: 1:15 pm (beginner and advanced)

Private/Semi Private Lessons *members only*

Consists of three hours of instruction; 6-30 minutes, 4-45 minute or 3-1 hour lessons.

Private (1 to 1): \$90

Semi-Private: \$120 (*at least 2 in a class at \$60 per person*)

Call to schedule private lessons with Joy Smith, 404-581-4978.



In 1908, 3,330 people drown in America. The next year, with help of Candian, George Corsan, the YMCA set out to teach "American's to Swim".

Sessions & Registration

Weekdays

(4 weeks • Twice a week)

Session 6: Oct. 14 - Nov. 6

Registration: Opens ??? Closes Oct. 9

Session 7: Nov. 11 - Dec. 5

Registration: Opens ??? Closes Nov. 6

Saturdays

(8 weeks • Once a week)

Saturday 3: Oct. 11 - Nov. 29

Registration: Opens ??? Closes Oct. 9

Sundays

(8 weeks • Once a week)

Saturday 3: Oct. 12 - Nov. 30

Registration: Opens ??? Closes Oct. 9

