

# Swimming: Preschool Lessons

M/W, T/TH, M-TH & SA Classes: **MEM: \$60 PRO: \$80**  
SU Classes: **MEM: \$30 PRO: \$40**



## Parent/Child: Children ages 24-36 months

**Tot:** This class is not intended to teach children to swim. Games, songs and water movements are introduced.

M-TH: 9:30 am • M/W: 6:00 pm

SAT: 8:30 am, 9:40 am, 10:15 am, 11:45 am

## Preschool: Children ages 3-5 years

**Pike-Beginner with Parent:** Bubble blowing, front and back float with support. Parent/Child class.

M-TH: 10:00 am • SAT: 11:05 am

SUN: 1:30 pm

**Pike-Beginner:** Bubble blowing, front and back float with support, submerging head independently in water with flotation. Swim 5 yards without assistance.

M-TH: 9:00 am, 10:00 am, 11:15 am, 3:00 pm(2)

M/W: 6:00 pm • T/TH: 6:00 pm

SAT: 8:30 am, 9:40 am(2), 11:30 am • SUN: 2:00 pm, 3:00 pm

**Eel-Intermediate:** Swims independently 15 yards to the instructor and back to the wall. Learn strokes and breathing.

M-TH: 9:00 am, 10:00 am, 11:15 am, 3:00 pm

M/W: 6:00 pm • T/TH: 6:30 pm • SAT: 9:05 am, 11:30 am

SUN: 2:30 pm

**Ray-Advanced:** Build endurance and learn to tread water.

M-TH: 9:00 am, 3:30 pm • T/TH: 6:00 pm

SAT: 9:05 am

**Starfish-Advanced:** Children who can perform front and back crawl with no assistance. Refine stroke and skills.

M-TH: 9:00 am, 3:30 pm • T/TH: 6:00 pm

SAT: 9:05 am

## Session Dates

### Monday-Thursday Classes

2 wk sessions • 4-days a wk

**Session 1:** June 2 - June 12

**Session 2:** June 16 - June 26

**Session 3:** July 7 - July 17

**Session 4:** July 21 - July 31

**Session 5:** Aug. 4 - Aug. 14

**Session 6:** Aug. 18 - Aug. 28

### M/W or T/TH Classes

4-wk sessions • 2-days a wk

**Session 7:** June 2 - June 28

**Session 8:** July 7 - July 31

**Session 9:** Aug. 4 - Aug. 28

### Saturday Classes

**Session 10:** May 3 - June 28

**Session 11:** July 12 - Sept. 6

### Sunday Classes

**Session 12:** June 8 - June 29

**Session 13:** July 13 - Aug. 3

**Session 14:** Aug. 10 - Aug. 31