

YMCA Camp High Harbour Services Office

200 Main Street, Suite 108

Gainesville, GA 30501

Phone: (770) 532-2267

Fax: (800) 954-5586

www.highharbour.org

CAMP OFFICE BUSINESS HOURS

Monday - Friday 9:00 a.m. - 5:00 p.m.

In case of an emergency during your camper's session, our voice mail will list a number that can be contacted 24 hours a day.

PRIOR TO CAMP

A. Health Form - **Must be signed** by a physician.

Hand deliver on opening day.

B. Parents' Information Sheet

Hand deliver to camp on opening day.

CAMP FEES PAID

The balance of all Camp Fees must be received by the Camp Office by April 15 to avoid cancellation of your registration. Also, there is a mandatory monthly payment of camper fees.

HIGH STANDARDS

YMCA Camp High Harbour is fully accredited by the American Camping Association, a nationally recognized association.

REFUNDS

Cancellations cannot be called into the camp office. We must have a hard copy via mail, e-mail or the fax machine. Our refund policy is strictly enforced.

On or before April 15 :

Registration Fee: Non-refundable

Camper's Fee: 100% refundable

After April 15:

No refund

No refunds will be granted for children who are sent home during their session for misbehavior, homesickness, or other reasons beyond the Camp's control. Since camp sessions cannot be filled mid-week, no prorated fee is available for late arrival or early departure.

TRANSPORTATION

Camp High Harbour does not furnish transportation for campers to camp at Lake Burton or Rabun Gap. For a nominal fee, transportation is available to campers attending Cha-La-Kee. Please call our camp office for more information.

SPECIAL NEEDS AND CIRCUMSTANCES

If a camper has any special needs, (medicinal requirements, behavioral conditions, dietary conditions), please notify the camp office prior to attending camp.

Reasonable accommodations will be made for campers who have special needs, provided that there is a written request made at least one month prior to your child attending camp. One-on-one aides are not provided by Camp.

No camper will be denied acceptance unless his or her presence would pose a significant risk to himself or herself, or the greater population, as determined by the Camp Administration as well as Camp Medical Advisory Committee. Moreover, if YMCA Camp High Harbour cannot meet the child's needs through reasonable accommodations, the placement cannot be accepted. A physician's specific approval may be required in some programs. Children whose lack of ability to self-monitor and attend to the rules results in an unsafe situation for themselves or others cannot be accepted into camp programming. All sites are open environments with several natural hazards and terrain.

Information For All Campers and Parents

CHECK IN

Parents are encouraged to bring children to camp to meet the staff, tour the facilities, and get their camper(s) settled in the cabin.

Lake Burton and Rabun Gap sites:

ARRIVAL TIME: Sunday 2:00-5:00 p.m. EST

DEPARTURE TIME: Saturday 10:00 a.m.-12:00 p.m. EST

CHA LA KEE Campers Only:

ARRIVAL: Sunday 2:00-4:00 p.m. CST

DEPARTURE: Saturday 10:00-11:00 a.m. CST

Please do not request or attempt to check-in early. The staff will be preparing and in a meeting to get ready for your child's session and will not be available until 2pm. In the best interest of all concerned, we ask that you adhere to the check in schedule.

Please remember, camp sites are a natural outdoor setting and have been designed to serve children, not vehicles. Thus, parking may be limited upon arrival and your patience is appreciated, especially in the event of inclement weather. The camp staff will move you through the check in process as quickly as they can allow, with ensuring you and your camper are taken care.

Boat Arrival/Pickup (Lake Burton/ Cha La Kee)

Should you wish to drop off your camper by boat on the opening day of their session, please stay in your watercraft until 2pm when our staff will begin to check campers in. **Please understand that there is limited dock space at both facilities so on certain opening days there may be an extended wait time.** It is NOT necessary to call site office for boat arrivals, only for boat pick up on Saturday. Boat pick ups must be made prior to noon on Friday before scheduled departure date.

If you do not prearrange to pick up your camper by boat by noon on Friday before they are scheduled for pick up, you could experience extended wait times

CHECK OUT

All sessions conclude on Saturdays at approximately 10 am. To officially check your camper out, please close out campstore accounts and sign out at your camper out at their cabin.

If someone other than the person who brought the child to camp will pick him/her up, please notify your camper's site office prior to noon on Friday, and note your permission for this departure in writing on your camper's health form. As our staff deserve to spend the day with their own families, all departing campers should be picked up by 12:00 pm. **Please remember to check over your camper's belongings before departing, and to reclaim any medications that were left with the infirmary.**

LATE FEES

Campers who are picked up **after 12:30 p.m.** on closing Saturday will be fined accordingly:

after 1:00 p.m. - \$25 late charge

after 2:00 p.m. - \$50 late charge

CAMP STORE

Several items may be purchased by the campers at the campstore.

Camper do not need money during their time at camp. (No vending machines on site). Each camper has a "charge account." There is a small amount of health snack sold in the campstore (**no soft drinks or candy**). Each camper will be issued a parent approved credit limit that must be paid at pick up. Payment for the campstore will not be accepted on opening day.

CAMPER'S LAUNDRY

The camp provides a laundry service to campers who stay for **more than one week**. Laundry fees are included with weekend carryover cost. YMCA Camp High Harbour will provide each carryover camper with a laundry bag with the camper's name on it to send in. **All clothes must be labeled with camper's first and last names. Only camp issued laundry bags will go out on laundry day.**

CABIN PICTURES

Cabin Pictures will be taken weekly. Pictures must be ordered by parents on opening day of the camper's session. If you camper is staying for multiple sessions at camp, please let the check-in staff know if you would like pictures on both weeks or one designated session. Charges for cabin pictures will show up on your camper's campstore bill. The picture is an **extra charge** and will be charged to your camper's camp store account.

OFF-SEASON PROGRAMS

In addition to offering one of the finest camping programs available, the camp also provides programs during the fall and spring months. Special "contract" programs can be designed to meet the needs of your group. The camp facilities are available for rent to churches, schools, YMCA groups and other organizations during the off-season. For more information about camp and its programs, please call (770) 532-2267.

DAILY INSPECTION

A large part of the camp experience is teaching campers the responsibility of caring for themselves and their surroundings. All campers are expected to participate in helping clean their cabins and bathrooms each day.

VISITORS/TELEPHONE CALLS

Parents are encouraged to see camp only on opening and closing days. At camp, we strive for campers to develop independence, and an integral part of the maturing process is the extended experience away from home. In keeping with this, **WE HIGHLY DISCOURAGE PHONE CALLS TO CAMPERS UNLESS THERE IS A FAMILY EMERGENCY.**

HOMESICKNESS

It is quite normal for campers to experience homesickness. Our staff is prepared to identify such feelings and encourage campers to participate in the camp activities. Generally campers adjust to their surroundings and thrive in our program within a few days. In the event that your child does not adapt well (by the third day), our site director will contact the parent to discuss any further actions. No camper will be forced to endure a camp experience they perceive as negative.

CABIN ASSIGNMENTS

Cabin assignments are gender-specific, and are my by general age. We will do our best to honor cabin and bunkmate request: however, like most camps, in fairness to camper who are not attending with acquaintances, we can not guarantee particular cabins or bunkmates. (Cabin assignments are done by time and date of registration). The goal of YMCA Camp High Harbour is to provide every child with the Camp High Harbour experience while encouraging new friendships and a sense of inclusion.

ONLINE PHOTO GALLERY

Please note that it is our top priority to provide a quality camp experience for your child by directing staff resources to the on site program, thus the photo gallery might not cover all campers and programs every day. *We do our best to include as many campers as possible in camp candid photos, however, due to the large volume, all campers may not be photographed during their stay at camp.*

MEALS

Each site offers a dining hall where all meals are served. Campers sit with their cabin group. Meals are well-balanced, reviewed by a dietitian and served by our professional food service staff. Meals are served "family style" so campers may help themselves at the table.

SPECIAL DIETS AND OTHER NEEDS

Our Camp Dining Hall can serve a limited variety of special diets if your camper requires uncomplicated dietary needs. You must notify the camp office in writing 2 weeks prior to your campers arrival. Campers with special emotional or physical needs should be called to the attention of the Camp Director and Staff by fully describing any unique requirements of your camper on your Camper Information Sheet. Please call the Camp Office if you have questions regarding campers and their special needs.

MAIN CAMP SCHEDULE/PROGRAM CLASSES

The daily schedule in Main Camp is a busy one:

8:00 a.m.	Morning Exercise and Flag Raising
8:15 a.m.	Breakfast
9:30 a.m.	Cabin Inspection
9:45 a.m.	Morning Assembly
10:00 a.m.	First Skill
11:00 a.m.	Second Skill
12:05-1:00 p.m.	Free time, general swim, camp store
1:15 p.m.	Lunch
2:00 p.m.	Rest Hour
3:00 p.m.	Third Skill
4:00 p.m.	Fourth Skill
5:00 p.m.	Free time, general swim, camp store
6:15 p.m.	Dinner
7:00 p.m.	Cabin Challenge
8:00 p.m.	Night Program
9:00 p.m.	Cabin devotions and prepare for bed
10:00 p.m.	Lights Out

Skill capacities are small in number for the benefit of each camper & staff member in order to insure safety. Skill offerings are as follows:

- Horseback Riding (LB/RG)
- Archery
- Riflery/Gun Safety
- Nature Study
- Arts & Crafts
- Drama
- Photography
- Tennis
- Team Sports
- Dance
- Canoeing/Kayaking
- Cheer leading
- Swimming
- Water-skiing (LB/CLK)
- Ropes Course
- Water games

Please take a moment to go over these skill offerings with your camper prior to their arrival at camp to assist them in their decision making. Skills are chosen on opening night of each session. For more information, please visit our website.

HORSEBACK RIDING

Pathfinder campers sign up for riding classes when they sign up for other classes. **THERE IS NO ADVANCE SIGN-UP FOR RIDING CLASSES.** Long pants and boots are recommended.

SWIMMING PROGRAM

All campers are required to take a swim test every year. Non-swimmers are required to take beginning swimming lessons during one of their two afternoon instructional classes. Every effort is made to insure your child's safety around the waterfront and boating areas. All camp staff are trained in Emergency Water Safety, CPR and First Aid.

VANDALISM

Campers involved in vandalism or malicious mischief either against camp property or against another camper or staff are disciplined immediately. Vandalism includes any kind of graffiti on camp beds, walls, bathroom stalls, etc. The parent will be contacted immediately. Violation of this policy may result in the camper being sent home early from camp. Payment to repair any damage accrued as a result to the camper's vandalism is the responsibility of the camper parent or guardian.

CLOTHING

When sending your camper to camp please label all their belongings (clothing, shoes, sleeping bags, etc.) with their first and last name. Camp clothes seem to see a lot of wear and tear, please consider sending items that are comfortable and well broken in. We will make every attempt to return lost and found items while your camper is attending camp. Please note: While our staff try to help all campers keep up with their belongings, it is ultimately the responsibility of your camper to make sure they have all of their things. **If your camper accidentally leaves items behind at camp, we are only able to return items that have camper's full name clearly marked on them.** *Items will be mailed at parent's expense.*

Items without names and/or left for longer than two weeks will be given to local charity.

YMCA Camp High Harbour will not be held responsible for any lost items, but will make every effort to return all labeled items.

ADVENTURE DAY

On Wednesday of each session, campers registered in the Pathfinder program are able to choose one of several trips to participate in on that day. Campers are transported via bus to several locations within close proximity to camp. Campers sign up for their trips on Tuesday during night program. *Campers will be charged an additional fee of \$15 to their store account.* Adventure Day concludes with cookout and movie night. Sunscreen is a must for all campers on Adventure Day. Sleeping bags are required for our campers in cabins 4,8, and specialty programs. For more details, see Adventure Day page.

CAMP SCHOLARSHIPS

Financial assistance is available based on need. Please call the Camp Office for details about camp scholarships (770) 532-2267. We actively seek to involve those in need.

SENDING OR BRINGING FOOD TO CAMP

Your campers are fed full, healthy meals three times each day, however, we understand that sending care packages is a part of the "camp experience". We do ask that you do not send large quantities of candy, gum, chips, cookies, etc. **Please refrain from sending your camper any foods with peanuts or peanut products for the protection of our camper's with allergies.** It is with this in mind that the **Camp Director reserves the right to remove any food or candy from the cabin if it becomes a problem.** We sell a small variety of snacks as well as Gatorade in the campstore. Your cooperation with this matter is greatly appreciated.

WEEKEND CARRY-OVER CAMPERS

Campers who are registered for more than one session will remain at camp over the weekend. There is an additional \$45.00 fee which directly covers our cost for the weekend and is indicated on your campers invoice. The weekend programs are held at all locations.

DEVOTIONAL AND CHAPEL PROGRAMS

Each evening, campers end the day with a devotional/discussion appropriate for their particular age group. All devotions are based on Christian values.

INSURANCE/ILLNESS

Camp High Harbour does not carry Accident or Sickness Insurance on summer youth campers. It is the policy of Camp High Harbour and our medical staff not to keep sick campers for more than two days in our camp infirmary. Campers who miss more of the camp program should not be at camp; therefore, we ask that the parents care for the child at home and see the family doctor. We stock medicines to be dispensed by our Registered Nurse, under Doctor's orders, to campers who are ill for short periods of time. The cost of these medications and doctor's visits are the responsibility of the parents. A medical invoice will be mailed when applicable.

NOTE: The Health Form with copies of insurance and prescription cards must be completed and brought to camp on opening day of your camper's session. Campers will not be allowed to stay at camp for more than 24 hours without a signed Health Form.

INFIRMARY: Should your camper reach a temperature over 101.5 degrees, be infirmed for longer then 24 hours, have excess vomiting, need outside medical attention, or begin a doctor order medication, parents will be notified by camp medical staff or Camp Director.

DRESS CODE

Campers' and staff dress should reflect good taste and concern for the values and standards of other campers. Inappropriate dress includes but is not limited to the following: Hats worn backwards or to the side, short shorts, clothing promoting alcohol, drugs, tobacco products, provocative swim suits, clothing, bare midriff, spaghetti straps, clothing where under garments show through. Campers may be asked to change if the Camp Director deems clothing to be inappropriate.

REGISTRATION FOR NEXT SUMMER

Please visit our website after August 15 to get updated registration information for the upcoming summer.

Our website, www.highharbour.org, is the only method of registration.

WEEKLY THEMES

During each session of the summer, camp has a theme to add excitement and fun to your camper's week. On Friday, we end the week with a celebration that is the highlight of each theme week.

Session 1	Safari Week
Session 2	Wild West
Session 3	Super Hero Week
Session 4	Carnivale!
Session 5	Stars and Stripes Celebration
Session 6	Fiesta!
Session 7	Hawaiian Luau
Session 8	Hollywood Week
Session 9	Olympic Week - Celebrating the World

CAMPER MAIL

We strongly encourage you to write and send letters to your camper during their stay at camp. It is also a good idea to send pre-stamped postcards or envelopes, addressed to your home, with them to camp. Please make sure to include your camper's cabin number on any mail sent. (All camper cabin numbers can be found on your confirmation as well as your household account). Please understand it is up to the parent to have the correct site and cabin numbers on any mail sent.

Please understand that we cannot "hold" mail in our site offices for later dates or sessions. All mail can be sent through the US Post Office, UPS, FedEx.

Lake Burton campers:

Camper Name
Cabin #
685 Camp Harbour Lane
Clayton, GA 30525
706-782-6311

Cha-La-Kee campers:

Camper Name
Cabin #
High Harbour at Cha-La-Kee
4380 Cha-La-Kee Rd
Guntersville, AL 35976
•CLK phone - (256) 582-4539 summer only

Rabun Gap campers:

Camper Name
Cabin #
High Harbour at Rabun Gap
339 Nacoochee Drive
Rabun Gap, GA 30568
•RG phone - (706) 746-7474 summer only

PACKAGES

Due to the extremely large number of packages that we receive daily, we ask that you limit the weight of your package to no larger than 5lbs and to one package per week.

YMCA Camp High Harbour Services

Campstore Merchandise...parent to parent

Dear Parent,

As a parent of two children myself, it is very important for me to help make the camp experience for you and your child the most exciting, yet hassle-free time for each of you. On opening day of your camper's session you will be asked to establish a credit limit for your camper. To better help you decide on that amount, we have listed some "helpful hints" below:

With Warm Regards,
Ken O'Kelley, Executive Director

CAMPSTORE MERCHANDISE

T-shirts -various designs		
Short sleeve (100% Hanes Heavyweight)	\$15.00	adults sizes only S-XL
Long sleeve (100% Hanes Heavyweight)	\$18.00	
Sweatshirts - embroidered with High Harbour logo		
Varied colors	\$25.00	adult sizes S-XL
Hats - embroidered		
Varied colors	\$12.00	
Autograph Bears	\$ 8.00	
Cameras	\$ 8.00	
Flashlights	\$ 5.00	
Hacky Sacs	\$ 3.50	
Postcards	\$.50	
Necklaces	\$ 3.00	
Patches	\$ 3.00	
Pens and pencils (variety)	\$ 1.00-\$3.00	
Snacks (assortment)	\$.50- \$2.00	
Stuffed Animals	\$ 5.00-\$8.00	
Wishlet Bracelets	\$ 1.00	
and a variety of other items		

KEEPSAKE PACKAGES

GOLD PACKAGE \$25

- DVD with the Friday night movie from your camper's session and the movie from the other sites. (Mailed after camp)
- Cabin Picture

SILVER PACKAGE \$15

- Cabin Picture

ONLINE PICTURES

- All candid pictures taken each session at camp will be available for your viewing and online ordering.
- Please note: Pictures are updated on Wednesday and Friday of each session.

CALCULATION EXAMPLE

Amount Camper Can Spend in Store	\$40.00	(\$30-40 recommended)
Adventure Day	\$15.00	
Memory Package - Gold	<u>\$25.00</u>	
Total Credit Limit	\$80.00	

Please Note: You are only billed for the total amount charged by camper.

Reminder: A credit limit is established by parent on Opening Day. Actual charges are paid for on Closing Day. No payments for the store are accepted on Opening Day.

YMCA CAMP HIGH HARBOUR “THINGS TO BRING” LIST

Please TAPE ONE COPY TO THE LID of the suitcase or trunk and RETAIN ONE COPY AT HOME.

Parents: This is a suggested list only. Many campers choose to shower and change clothes before dinner and night program, thus the need for the higher numbers of items.

We make every effort to return lost items by displaying all lost and found daily at lunch and dinner. PLEASE LABEL ALL ITEMS SENT TO CAMP with first and last names.

CLOTHING LIST

- ___ 10-14 Shirts or T-Shirts*
- ___ 7 pairs of Shorts
- ___ 2 pairs of Long Pants
- ___ 10-14 pairs of Underclothes
- ___ 10-14 pairs of Socks
- ___ 2 pairs of Sneakers
- ___ 1 Light Jacket
- ___ 1 Sweater or Sweatshirt
- ___ 2 Swimsuits (one piece only for girls)
- ___ 4 Bath Towels
- ___ 1 Poncho or Raincoat
- ___ 2 Pairs of Pajamas

Dress Code: No halter tops, tube tops, “spaghetti” strap tops or bikinis will be allowed. One piece bathing suits only for females. All sleeveless shirts must have shoulder straps at least 1 inch in width. The camp staff reserve the right to ask a camper to change any clothing deemed inappropriate.

BEDDING**

- ___ 1 Sleeping Bag (a must for campout)
- ___ 2-3 Sheets (a must; twin size - fitted or flat)
- ___ 2 Blankets
- ___ 1 Pillow
- ___ 1 Pillow Case

Campers are expected to sleep on sheets and make bed while in camp

Please Do Not Bring:

- Food or cash (we do not have drink machines)
- Spray Cans: roll-ons and liquids are preferred
- Cell phones, Fireworks, Guns, Radios, CD players, iPods, MP3
- Valuables - Jewelry, etc.
- Knives, guns, etc.

Camp will not be held responsible for any of these items if brought to camp.

TRUNK SIZE recommendation:
15 inches or less in height.

OTHER ITEMS

- ___ Shower caddy or bucket for toiletries
- ___ Soap and Soap Dish
- ___ Shampoo*
- ___ Wash Cloths
- ___ Toothbrush and Paste*
- ___ Comb/Brush
- ___ Flashlight with Batteries*
- ___ Bible
- ___ Writing Materials* and Stamps*
- ___ Laundry Bag (a must for carryover campers)
- ___ Sunscreen (a must)*

OPTIONAL EQUIPMENT

- ___ Handkerchiefs
- ___ Sun Glasses
- ___ Compass
- ___ Fishing Tackle
- ___ Camera and Film
- ___ Bug Repellent
- ___ Hat*
- ___ Canteen or Water Bottle
- ___ Costumes for Skits and Theme Week
- ___ Shoes or Boots for Horseback Riding

SPECIAL THINGS TO BRING FOR TRAILBLAZER CAMPERS

- ___ Hiking Boots or High Top Sneakers
- ___ Sleeping Bag (a must for WS/TB/ALC/LIT)
- ___ All other necessary equipment is supplied for campers.
- ___ Flashlight (highly recommended)

IMPORTANT FORMS TO BRING TO CAMP

- ___ 1 Health form (four sides of paper)
- ___ 1 Medication List
- ___ Copy of Insurance/Prescription Cards

*Can be purchased at the Camp Store

YMCA CAMP HIGH HARBOUR SERVICES

“PARENTS CHECKLIST”

This checklist is designed to help parents have everything in order before their camper arrives at camp on opening day. We suggest going over each item at least two weeks prior to the start of your camper's session. If you have any questions, please call the camp office at (770) 532-2267.

IMPORTANT DATES TO REMEMBER

- _____ All fees are due by April 15th.
- _____ Open House for new campers is held in April. Call office for more details.

IMPORTANT FORMS FOR CAMP

- _____ **1 Health Form (four sides of paper)**
 - must be signed by a physician
 - a new health form must be completed each year
- _____ **Copies of insurance card and prescription card must be attached to health form**
- _____ **1 Medication List**
 - any medications must be checked in with nurse
- _____ **Directions to Camp** (included in this booklet)

ARRIVAL AND DEPARTURE PROCEDURES

- _____ Arrival time for all campers is Sunday from 2:00 pm. - 5:00 p.m.
- _____ Departure time for all campers is Saturday from 10:00 a.m. - 12:00 noon.
- _____ Boat arrivals or departures must be cleared through the camp office.
- _____ Campstore balances must be paid on closing day.
- _____ Any changes in the arrival or departure of a camper **must** be cleared through the camp office.

Please Note: Campers or parents are not allowed into cabins prior to the check-in time. Due to the ongoing preparation for camp and fairness to all, this time is strictly enforced. We also ask that you stay in your vehicles until checked-in by a staff member.

IMPORTANT INFORMATION

IMPORTANT PHONE NUMBERS

Gainesville Camp Services Office
(770) 532-2267 - phone
(770) 287-0852 - fax
1-800-954-5586 ESA - Fax on demand

Lake Burton
Office (706) 782-6311
Fax (706) 782-8407

Cha-La-Kee
Office (256) 582-4539 (summer only)
Fax (256) 582-4144

Rabun Gap
Office (706) 746-7474
Fax (706) 746-7145

CAMPER MAIL

All camper mail must have a cabin number and camper name (as in our system) to insure proper distribution and addressed as follows: (UPS and FedEx deliver to these addresses) We will not accept mail with postage due. Any mail coming after your camper leaves camp will be forwarded to your home address.

Lake Burton campers:

Camper Name
Cabin #
High Harbour at **Lake Burton**
685 Camp Harbour Lane
Clayton, GA 30525

Cha-La-Kee campers:

Camper Name
Cabin #
High Harbour at **Cha-La-Kee**
4380 Cha-La-Kee Rd
Guntersville, AL 35976

Rabun Gap campers:

Camper Name
Cabin #
High Harbour at **Rabun Gap**
339 Nacoochee Drive
Rabun Gap, GA 30568

PACKAGES

Campers receive packages and mail each day during rest hour. We will not accept packages weighing over 5 pounds.

Just4Camp - just4camp.com
Camp Pacs - 1-800-248-CAMP
www.camppacs.com
The Wrinkled Egg - 828-696-3998
www.thewrinkledegg.com

YMCA CAMP HIGH HARBOUR SERVICES

"PARENTS CHECKLIST"

This checklist is designed to help parents have everything in order before their camper arrives at camp on opening day. We suggest going over each item at least two weeks prior to the start of your camper's session. If you have any questions, please call the camp office at (770) 532-2267.

IMPORTANT DATES TO REMEMBER

- _____ All fees are due by April 15th.
- _____ Open House for new campers is held in April. Call office for more details.

IMPORTANT FORMS FOR CAMP

- _____ **1 Health Form (four sides of paper)**
 - must be signed by a physician
 - a new health form must be completed each year
- _____ **Copies of insurance card and prescription card must be attached to health form**
- _____ **1 Medication List**
 - any medications must be checked in with nurse
- _____ **Directions to Camp** (included in this booklet)

ARRIVAL AND DEPARTURE PROCEDURES

- _____ Arrival time for all campers is Sunday from 2:00 pm. - 5:00 p.m.
- _____ Departure time for all campers is Saturday from 10:00 a.m. - 12:00 noon.
- _____ Boat departures must be cleared through the camp office by noon on Friday.
- _____ Campstore balances must be paid on closing day.
- _____ Any changes in the arrival or departure of a camper **must** be cleared through the camp office.

Please Note: Campers or parents are not allowed into cabins prior to the check-in time. Due to the ongoing preparation for camp and fairness to all, this time is strictly enforced. We also ask that you stay in your vehicles until checked-in by a staff member.

IMPORTANT INFORMATION

IMPORTANT PHONE NUMBERS

- Gainesville Camp Services Office
 - (770) 532-2267 - phone
 - (770) 287-0852 - fax
 - 1-800-954-5586 ESA - Fax on demand
- Lake Burton
 - Office (706) 782-6311
 - Fax (706) 782-8407
- Cha-La-Kee
 - Office (256) 582-4539 (summer only)
 - Fax (256) 582-4144
- Rabun Gap
 - Office (706) 746-7474
 - Fax (706) 746-7145

CAMPER MAIL

All camper mail must have a cabin number and camper name (as in our system) to insure proper distribution and addressed as follows: (UPS and FedEx deliver to these addresses) We will not accept mail with postage due. Any mail coming after your camper leaves camp will be forwarded to your home address.

Lake Burton campers:

- Camper Name
- Cabin #
- High Harbour at **Lake Burton**
- 685 Camp Harbour Lane
- Clayton, GA 30525

Cha-La-Kee campers:

- Camper Name
- Cabin #
- High Harbour at **Cha-La-Kee**
- 4380 Cha-La-Kee Rd
- Guntersville, AL 35976

Rabun Gap campers:

- Camper Name
- Cabin #
- High Harbour at **Rabun Gap**
- 339 Nacoochee Drive
- Rabun Gap, GA 30568

PACKAGES

Campers receive packages and mail each day during rest hour. We will not accept packages weighing over 5 pounds.

Just4Camp - just4camp.com
Camp Pacs - 1-800-248-CAMP
www.camppacs.com
The Wrinkled Egg - 828-696-3998
www.thewrinkledegg.com

YMCA Camp High Harbour Services

Adventure Day

On **Wednesday** of each session, campers registered in the Pathfinder program are able to choose one of several trips to participate in on that day. Campers are transported via bus to several locations within close proximity to camp. Campers sign up for their trips on Monday during night program. *Campers will be charged an additional fee of \$15 to their store account.* Sunscreen is a must for all campers on Adventure Day and camp out.

Lake Burton/Rabun Gap Adventure Day trips:

Pathfinders can choose from:

Alpine Tubing	\$15.00
* trip includes tubing down the Chattahoochee River	
Helen Water Park	\$15.00
* trip includes a day at Helen waterslides	
Water Day (Lake Burton only)	\$15.00
* trip includes a day on Lake Burton skiing, bun-busting, wakeboarding and swimming	
Tallulah Gorge	\$15.00
* trip includes hike into the Tallulah Gorge and visit to the Interpretive Nature Center	

Cha La Kee Adventure Day trips:

Pathfinders can choose from:

Space Camp	\$15.00
* trip includes a day at the U.S. Space Camp in Huntsville, AL	
Spring Valley Water Park	\$15.00
* trip includes a day enjoying waterslides and swimming at the park	
Water Day	\$15.00
* trip includes traveling through the lock system of Guntersville dam and a day of skiing, bun-busting, kneeboarding and swimming	

Please Note: All campers participating in **Trailblazers** and **Watersports** will have a special Adventure Day designed especially for their program. Campers in the LIT and ALC programs will also have an Adventure Day activity to further their development in the Advanced Leadership Academy.