



ANDREW & WALTER YOUNG FAMILY YMCA

2009

FAMILY AQUATICS CENTER

Winter Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 LAP LANES OPEN 12:15pm-3:30pm	2 LAP LANES OPEN 6:15am to 8:30am <small>Please note there will be no lap lanes in water on Tuesdays and Thursdays from 8:30a.m.-9:45a.m.</small>					2 LANES 8:15am-9:00am
	1 LAP LANE 8:30am-9:30am 1 Lap Lanes 10:00am-5:30pm	1 LAP LANE 9:45am-5:00pm	1 LAP LANE 8:30am-9:30am 1 Open Lanes 10:00am -5:00pm	1 LAP LANE 9:45am-5:00pm	2 LAP LANES 8:30am-10:00pm 2 Lap Lane 10:00am-3:30pm	2 LAP LANES 12:00pm to 3:30pm
	Sign-Up for the YMCA STINGRAY'S Swim Team Today! Tuesday & Thursday 5:30pm-7:30pm				Register for the Swim Team. Ask the Front Desk for Registration!	
1 LAP LANE 5:30pm to 8:45pm	1 LAP LANES 7:30 to 8:30pm	1 LAP LANE 5:30 to 8:45pm	1 LAP LANES 7:30 to 8:30pm			
Looking For A Challenge? Ask Us About our Junior Life guarding Class					Lifeguard may adjust Pool schedule to accommodate program demands.	



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Winter Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Swim 12:15pm-3:30pm	OPEN SWIM 6:15am-8:30am	OPEN SWIM 6:15am-8:45am	OPEN SWIM 6:15am-8:30am	OPEN SWIM 6:15am-8:45am	OPEN SWIM 6:15am-8:30am	OPEN SWIM 8:15am-9:00am
	Water Aerobics 8:30-9:15am 9:15-10:00am	ARTHRITIS 8:30am-9:45am	Water Aerobics 8:30-9:15am 9:15-10:00am	ARTHRITIS 8:30am-9:45am	Water Aerobics 8:30am-10:00am	Swim Lessons 9:00am-10:15am
	OPEN SWIM 1:00pm-4:30pm	OPEN SWIM 1:00pm - 4:00pm	OPEN SWIM 1:00pm-4:30pm	Open Swim 1:00pm-4:00pm	*Open Swim 1:00pm-2:00pm/ 4:30-7:30pm	Open Swim 1:00pm-3:30pm
The Natatorium Closes at 3:30 pm on Sunday for Members.	Westlake swim team practice 4:30p- 6:00p Water Aerobics 7:45p-8:45p	Swim Lessons 5:00pm-7:45pm Swim Team 5:30pm-7:30pm	Westlake swim team practice 4:30p - 6:00p Water Aerobics 7:45p-8:45p	Swim Lessons 5:00pm-7:45pm Swim Team 5:30pm-7:30pm	*Pool Closed for Cleaning 2:30pm-4:30pm.	Water Aerobics 11:30pm-1:00pm
	Pool Closed 8:45p	OPEN SWIM 7:45pm-8:30pm	Pool Closed 8:45p	OPEN SWIM 7:45pm-8:30pm	*YMCA staff reserve the right to alter Friday Open Swim Times to Accommodate Make-Up Swim	Proper Swim Attire MUST be worn in the Aquatics Area. Swim Trunks, Swim Suit, and Shower Shoes