

# Indoor & Outdoor Gym Schedules

Effective 09/01/08-11/30/08  
(Schedules are subject to change)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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<b>Indoor Court A</b>						
1:00 P- 6:45 P Open	6:00 A- 10:30A Open 10:30 A- 11:30A Programmed 11:30 A- 5:30P Open 5:30 P- 8:30P Programmed 8:30 P- 9:45P Open	6:00 A- 10:30 A Open 10:30 A- 11:30 A Programmed 11:30 A- 5:30 P Open 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Open	6:00 A- 10:30 A Open 10:30 A- 11:30 A Programmed 11:30 A- 5:30 P Open 5:30 P- 8:30 P Programmed 8:30 P- 9:45 P Open	6:00 A- 10:30 A Open 10:30 A- 11:30 A Programmed 11:30 A- 5:30 P Open 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Open	6:00 A- 10:30 A Open 10:30 A- 11:30 A Programmed 11:30 A- 5:30 P Open 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Open	6:00 A- 10:30 A Open 10:30 A- 11:30 A Programmed 11:30 A- 7:45 P Open 8:00 A-3:15 P Programmed 3:15 P-5:45 P Open

<b>Indoor Court B</b>						
1:00 P- 6:45 P Pick-Up	6:00 A- 4:00 P Pick-Up 4:00 P- 5:30 P Programmed 6:00 P- 9:00 P Adult Pick Up 9:05 P- 9:45 P Pick Up	6:00 A- 5:30 P Pick Up 4:00 P- 5:30 P Programmed 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Pick Up	6:00 A- 4:00 P Pick-Up 4:00 P- 5:45 P Programmed 6:00 P- 9:00 P Adult Pick Up 9:05 P- 9:45 P Pick Up	6:00 A- 5:30 P Pick Up 4:00 P- 5:30 P Programmed 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Pick Up	6:00 A- 4:00 P Pick-Up 4:00 P- 5:30 P Programmed 5:30 P- 8:30 P Programmed 8:40 P- 9:45 P Pick Up	6:00 A- 4:00 P Pick-Up 4:00 P- 5:30 P Programmed 5:30 P- 7:45 P Pick Up 8:00 A- 3:45 P Programmed 3:45 P- 5:45 P Pick Up

**NO HANGING ON RIMS OR DUNKING PLEASE!**

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<b>Outdoor Court C</b>						
1:00 P- 6:45 P Open	9:00 A- 5:30P Open 5:30 P- 7:00P Y-REC 7:00 P- 9:45P Open	9:00 A- 5:30 P Open 5:30 P- 7:00 P Y-REC 7:00 P- 9:45 P Open	9:00 A- 5:30 P Open 5:30 P- 7:00 P Y-REC 7:00 P- 9:45 P Open	9:00 A- 5:30 P Open 5:30 P- 7:00 P Y-REC 7:00 P- 9:45 P Open	9:00 A- 5:30 P Open 5:30 P- 7:00 P Y-REC 7:00 P- 7:45 P Open	8:00 A-10:45 P Open 10:45 A-Noon Y-REC Noon-5:45 P Open

<b>Outdoor Court D</b>						
1:00 P- 2:00 P Family Time 2:00 P- 3:00 P Y-REC 3:00 P- 6:45 P Family Time	8:00 A- 5:30 P Pick-Up 5:30 P- 9:00 P Family Time	8:00 A- 5:30 P Pick-Up 5:30 P- 9:00 P Family Time	8:00 A- 6:30 P Pick-Up 6:30 P- 9:45 P Team Handball	8:00 A- 5:00 P Pick-Up 5:00 P- 8:00 P Street Hockey 8:00 P- 9:45 P Pick Up	8:00 A- 5:30 P Pick-Up 5:30 P- 7:45 P Family Time	8:00 A-10:00 A Family Time 10:00 A-11:00 A Programmed 11:00 A-5:45 P Family Time

**IN CASE OF RAIN, THE COURTS WILL BE CLOSED.  
The YMCA will be closed Thursday, November 27<sup>th</sup> for Thanksgiving Day!**

**Family Time** - Space reserved for parents to spend time with their child or children. No organized games.

**Pick-Up** - Court reserved for pickup games. Pick-up rules: First 10 play. Each game is played to 11 points - each basket counts for one point (1). Winner stays on the court and the next five new players play the next game. Winner stays on a maximum of two games. If no new players arrived, teams can play another game to 11 points.

**Open** - Courts are open for shooting practice. No pick-up games.

**Programmed** - Courts are being used for programmed activity for Kidzone, Y-REC, Basketball Practices, After School Child Care or Camp.

Any inappropriate behavior, profanity or verbal abuse will be subject to facility or program membership termination.