

YGYMNASTICS™

We build strong kids, strong families, strong communities.

***Tumbling Tots:** Boys and Girls 18 mo—3yr (and Parent)

Parents are welcome to participate in this open floor gymnastics free play. It is a exploratory session introducing the participants to the world of tumbling and gymnastics. The instructor will provide demonstration and guidance.

***Classes held Saturday 10:15 - 10:45**

Kinder Gym: Boys and Girls 3—5 years

The class will focus on strength, flexibility, balance and agility.
(Introductory level skills)

***Classes held Saturday 1:15 - 2:10**

Bounding Beginners: Boys and Girls 6-8 years

The class will focus on strength, flexibility, balance and agility.
(Progressive beginner's class).

***Classes held Saturday 2:15 - 3:10**

Jumping Juniors: Boys and Girls 9-12 years

This is a progressive I gymnastics for ages 9-12. This class is designed to equip students with the skills necessary for progressive II (advanced gymnastics).

***Classes held Saturday 3:15 - 4:10**

***Gym & Swim:** Boys and Girls 6-8 years

1/2 gymnastic class and 1/2 pool sessions. Basic skill level instructions for both gymnastics and swimming.

***Classes held Saturday 4:15 - 5:15**

Sessions:

Session 1	Jan. 17—March 7	January 16, 2009
Session 2*	March 14—May 9	March 13, 2009
Session 3	May 16— July 18	May 13, 2009
Session 4	July 25— Sept. 19	July 24, 2009
Session 5*	Sep. 26—Nov. 14	September 25, 2009
Session 6*	Nov 21— Dec. 19	November 20, 2009

No class April 11 (Easter), May 23 (Memorial Day), July 4 (Independence Day), September 5 (Labor Day), November 28 (Thanksgiving Day), December 26 (Christmas)

Registration:

- An annual program membership fee is payable at the time of registration for those who wish to participate but are not facility members.
- Participants should come to class in dance/athletic attire including leotards, shorts, shirts tucked in, etc.
- Make-up days will be offered when class is cancelled by the YMCA.

Fees:

	Facility Members:	Program Members:	Mini Session:
*Tumbling Tots	\$45/ Session	\$75/ Session	\$25 Facility/ \$42 Program
Kinder Gym, Bounding Beg.	\$50/ Session	\$80/ Session	\$27 Facility/ \$45 Program
Jumping Juniors			
Gym & Swim	\$55/ Session	\$85/ Session	\$ 30 Facility/ \$47 Program

**This class is only offered during sessions 2,5 and 6.
Mini Session will be announced in class and at registration*

For More Information contact (404) 373—6561