



Decatur-DeKalb YMCA Gymnasium Schedule

NOVEMBER-2009

<u>Day</u>	<u>Time</u>	<u>East Gym</u>	<u>West Gym</u>
MON.	5:00 a.m. – 7:00 a.m.	Volleyball	Open Gym
	7:00 a.m. – 9:20 a.m.	Open Gym	Open Gym
	9:20 a.m. – 10:20 a.m.	Boot Camp (Whole Gym)	Boot Camp (Whole Gym)
	10:20 a.m. – 12:00 p.m.	Open Gym	Open Gym
	12:00 a.m. – 2:00 p.m.	Men's Full Court Basketball	Men's Full Court Basketball
	2:00 p.m. – 4:00 p.m.	Open Gym	Open Gym
	4:00 p.m. – 6:00 p.m.	After School Play	Open Gym
	6:00 p.m. – Close	Men's Basketball League	Men's Basketball League

Notes: Gym will be *Closed* from November 21- 30, 2009 for gym maintenance.

TUES.	5:00 a.m. – 8:00 a.m.	Volleyball	Open Gym
	8:00 a.m. – 1:00 p.m.	Open Gym	Gymnastics
	1:00 p.m. – 3:00 p.m.	Horizons School	Gymnastics
	3:00 p.m. – 4:00 p.m.	Open Gym	Gymnastics
	4:00 p.m. – 6:00 p.m.	After School Play	Gymnastics
	6:00 p.m. – 6:30 p.m.	Open Gym	Gymnastics
	6:30 p.m. – 8:00 p.m.	Adult Volleyball	Gymnastics
	8:00 p.m. – Close	Adult Volleyball	Open Gym

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WED.	5:00 a.m. – 7:00 a.m.	Volleyball	Open Gym
	7:00 a.m. – 8:10 a.m.	Open Gym	Open Gym
	8:10 a.m. – 9:05 a.m.	Boot Camp (Whole Gym)	Boot Camp (Whole Gym)
	9:05 a.m. – 11:30a.m.	Open Gym	Open Gym
	11:30 a.m. – 4:00 p.m.	Full Court Adult Basketball	Full Court Adult Basketball
	4:00 p.m. – 6:00 p.m.	After School Play	Open Gym
	6:00 p.m. – 7:00 p.m.	Teen Basketball	Youth Basketball Open Play
	7:00 p.m. – 8:30 p.m.	African Dance	
8:30 p.m. – Close	Open Gym	Open Gym	

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THURS.	5:00 a.m. – 7:00 a.m.	Volleyball	Open Gym
	7:00 a.m. – 1:00 p.m.	Open Gym	Gymnastics
	1:00 p.m. – 3:00 p.m.	Horizons School	Gymnastics
	3:00 p.m. – 4:00 p.m.	Open Gym	Gymnastics
	4:00 p.m. – 6:00 p.m.	After School Play	Gymnastics
	6:00 p.m. – 7:45 p.m.	Open Youth Volleyball	Gymnastics
	7:45 p.m. – 8:15 p.m.	Open Youth Volleyball	Open Gym
	8:15 p.m. – Close	Open Adult Volleyball	Open Gym

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Decatur-DeKalb Family YMCA, 1100 Clairemont Ave., Decatur, GA, 30030

Phone: 404-377-9622

Visit us on our website at: ddy.ymcaatlanta.org

Management reserves the right to make changes to the gymnasium schedule as necessary.

Please Turn Over →→



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<u>Day</u>	<u>Time</u>	<u>East Gym</u>	<u>West Gym</u>
FRI.	5:00 a.m. – 7:00 a.m.	Volleyball	Open Gym
	7:00 a.m. – 9:20 a.m.	Open Gym	Open Gym
	9:20 a.m. – 10:20 a.m.	Boot Camp (Whole Gym)	Boot Camp (Whole Gym)
	10:20 a.m. – 11:30 a.m.	Open Gym	Open Gym
	11:30 a.m. – 2:30 p.m.	Full Court Adult Basketball	Full Court Adult Basketball
	2:30 p.m. – 4:00 p.m.	Open Gym	Open Gym
	4:00 p.m. – 6:00 p.m.	After School Play	Open Gym
	6:00 p.m. – 8:00 p.m.	Teen Basketball	Youth Basketball Open Play
	8:30 p.m. – Close	Open Gym	Open Gym

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SAT.	8:00 a.m. – 10:00 a.m.	Youth and Family Time	Gymnastics
	10:00 a.m. – 1:00 p.m.	Teen Basketball	Gymnastics
	1:00 p.m. – 3:00 p.m.	Adult Basketball	Adult Basketball
	3:00 p.m. – Close	Open Gym	Open Gym

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SUN.	8:00 a.m. – 10:30 a.m.	Youth and Family Time	Open Gym
	10:30 a.m. – 1:00 p.m.	Youth/Teen 1/2 Court Basketball	Open Gym
	1:00 p.m. – 5:00 p.m.	Adult Basketball	Adult Basketball
	5:00 p.m. – Close	Ball Room Dance	Ball Room Dance

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UPCOMING EVENTS:

Decatur-DeKalb Family YMCA, 1100 Clairmont Ave., Decatur, GA, 30030,
 Phone: 404-377-9622
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