

# Gym Schedule COURT 2

**YMCA'S VALUES:**  
**CARING, HONESTY, RESPECT &**  
**RESPONSIBILITY**  
**PLEASE RESPECT THESE VALUES WHILE USING**  
**THE YMCA'S GYMNASIUM!!**



**YMCA**  
 We build strong kids,  
 strong families, strong communities.



Time	Mon	Tue	Wed	Thurs	Fri	Sat	Sun
6a-7a	Open gym (half)	Open gym (half)	Open gym (half)	Open gym (half)	Open gym (half)		
7a-8a							
8a-9a						Full Court B'Ball 8-12pm Ages 18 & up	
9a-10a	Gymnastics 8:00-12:00 (Half)	Gymnastics 8:00-12:00 (Half)	Gymnastics 8:00-12:00 (Half)	Gymnastics 8:00-12:00 (Half)	Gymnastics 8:00-12:00 (Half)		
10a-11a							
11a-12p							
12p-1:30p	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Adult B-Ball	Spike	Open Gym
1:30p-2p	Open Gym (half)	Open Gym (half)	Open Gym (half)	Open Gym (half)	Open Gym (half)	Conditioning 12:15-2:15	Adult gym (half)
2p-3p						Teen b'ball	
3p-4p						Open gym (half)	Open gym (half)
4p-5p							
5p-6p						Spike Conditioning 5:30-7	Family (half)
6p-7p						For more information, please contact Billy Bonaparte (770) 663-3521	
7p-8p	Pick up Adult Bas-ketball	Teen (half)	Pick up Adult Bas-ketball	Teen (half)			
8p-9:30p		Open (half)		Open (half)			