

Cowart Family - Ashford Dunwoody

YMCA POOL SCHEDULE

August 9 - December 31, 2008

This schedule contains the minimum number of lanes assigned to lap and family swim activities. Schedule will sometimes change to allow more lanes for these activities, including the last two weeks of August and Thanksgiving and Christmas Holidays

ALL PATRONS ARE REQUIRED TO SHOWER PRIOR TO ENTERING SWIMMING OR WHIRLPOOLS AS REQUIRED BY THE HEALTH DEPARTMENT

LAP SWIM

Times	Monday	Tuesday	Wednesday	Thursday	Friday
5:30 am - 6:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
6:00 am - 7:00 am	5 lanes	7 lanes	5 lanes	7 lanes	5 lanes
7:00 am - 9:00 am	7 lanes	7 lanes	7 lanes	7 lanes	7 lanes
9:00 am - 10:00 am	2 lanes	3 lanes	2 lanes	3 lanes	2 lanes
10:00 am - 11:30 am	4 lanes	4 lanes	4 lanes	4 lanes	4 lanes
11:30 am - 1:00 pm	3 lanes	4 lanes	3 lanes	4 lanes	3 lanes
12:00 pm - 1:00 pm	3 lanes	4 lanes	3 lanes	4 lanes	3 lanes
1:00 pm - 3:30 pm	2 lanes	2 lanes	2 lanes	2 lanes	2 lanes
3:30 pm - 4:30 pm	3 lanes	3 lanes	3 lanes	3 lanes	3 lanes
4:30 pm - 6:30 pm	1 lanes	1 lanes	1 lanes	1 lanes	3 lanes
6:30 pm - 7:45 pm	2 lanes	4 lanes	2 lanes	3 lanes	3 lanes
7:45 pm - 9:45 pm	5 lanes	5 lanes	5 lanes	5 lanes	5 lanes

Saturday	
8:00 am - 8:30 am	7 lanes
8:30 am - 9:30 am	5 lanes
9:30 am - 1:30 pm	2 lanes
1:30 pm - 5:45 pm	4 lanes

Sunday	
8:00 am - 9:30am	6 lanes
9:30 am - 7:45pm	3 lanes

FAMILY SWIM

Monday	Tuesday	Wednesday	Thursday	Friday
12:00 pm - 9:45 pm	12:00 pm - 9:45 pm	12:00 pm - 9:45 pm	12:00 pm - 9:45 pm	12:00 pm - 9:45 pm
Saturday		Sunday		
9:30am-5:45pm		9:00 am - 7:45 pm		

Children younger than four years of age must wear tight fitting swim diapers/pants in the pool. Only children meeting this standard will be allowed to swim.

LAP SWIM - Endurance swimming for those who can swim continuously two or more lengths of the pool

FAMILY SWIM - Recreational swimming for all ages.

We strive to abide by this schedule. However, the lifeguard has the authority to change the lane schedule as needed to accommodate various activities.

