

Dance: Ballroom, Latin Social & Ballet

Ballroom & Latin Social Dancing

Ballroom 1 *beginners*: Our beginner group series class is designed for first time dancers. Worry free - you will be taught everything you need to know! The beginner class curriculum includes: Waltz, Foxtrot, Rumba, and Swing. The dance instruction is formatted to progress the students level of dance. Lessons are taught by a DVIDA nationally certified instructor. It is best if you have a partner but not necessary as we rotate partners throughout the class (singles and couples are welcome). Lessons will last one hour including 10 minutes of dance community news, curriculum and calendar updates. Following the lesson there will be a 25 minute practice session with music and coaching. We also participate as volunteers for Y Happy Club dances and events.

Sundays, 5:30 – 7:00 pm

Class: 5:30 – 6:30 pm • Practice: 6:30 – 7:00 pm

Ballroom 2 & 3: A continuation of the curriculum from Ballroom 1 with the addition of the Tango. Must have completed Ballroom 1 or other similar training with approval of teacher.

Ballroom 2: Sundays, 5:30 – 7:00 pm

Class: 5:30 – 6:30 pm • Practice: 6:30 – 7:00 pm (*gym*)

Ballroom 3: Sundays, 6:30 – 8:00 pm

Practice: 6:30 – 7:00 pm • Class: 7:00 – 8:00 pm (*gym*)

Bronze 1: A continuation of Ballroom 3 with a focus on two dances.

Sundays, 6:30 – 8:00 pm (*held in the gym*)

Practice: 6:30 – 7:00 pm • Class: 7:00 – 8:00 pm

Latin Social Dance: Latin Social Class in the large aerobics room - includes beginner meringue & salsa.

Sundays, 5:00 – 6:00 pm

January 11 – February 22

Ballroom Dance Practice Party *members & the community*: Singles, couples welcome and open to the public. Invite a friend! Includes lesson, dance and refreshments. *For more information, contact Janice Mathews 404-371-3309.*

7:30 – 10:30 pm (*lessons from 7:30 – 8:30 pm*)

Cost \$10/person



Ballroom Session Dates

Session 1: March 1 – April 19

No class April 12 (Easter)



Ballroom & Latin Social Pricing

MEM: \$63 PRO: \$77 (*per person*)

Ballet

Ballet *ages 3-9*: This is an introduction to the basic skills and terminology of ballet. Children will be working to develop body awareness, strength, flexibility and an appreciation of the art of ballet. Please wear a leotard and ballet shoes to class.

Ages 3-6: Tuesdays or

Thursdays, 3:35 – 4:20 pm

Ages 7-9: Fridays, 4:00 – 4:45 pm

Session 3: Jan. 10 – March 6

Registration begins Dec. 1

Session 4: March 7 – May 8

Registration begins Feb. 15

MEM: \$70 PRO: \$100

