



**THAT'S
MY
Y**

YMCA Academies of South DeKalb

**2008 Volunteer of the Year
Dr. Nzinga Harrison**

Dr. Harrison has her hands full with all the activities going on in her life. She has been a volunteer at the YMCA Academies of South DeKalb for just two years but is involved in numerous programs including chair of the parent advisory council, King awardee for the Partner With Youth annual campaign, and a participant in almost every holiday event. Children are our future, says Nzinga. If we don't give back to the children, what will we have in the future?

In addition to being active with the Y, Nzinga is also a full-time psychiatrist, volunteer teacher for Emory University and Morehouse University medical students, and a mother of two. I volunteer at the Y because it is the reason I can continue to work full time, says Nzinga. I can drop my kids off there because the teachers obviously love and care about them. My volunteering is a way to give back to the staff as well as the children? Nzinga and her husband, Joel, live in Decatur with their two sons: Zahir, 3, and Nasir, almost 2.