

# Youth Sports

## Karate - Canton Y

**Karate** Learn Japanese Shotokan style Karate at the YMCA! Please sign up at the Program Registration Desk.

Mondays, 6:30 pm

MEM: \$35/monthly PRO: \$50/monthly



## Volleyball - Canton Y

**Volleyball ages 8-14:** Come play where volleyball was originally created! Our leagues are coed and adapted for younger age groups. Players of all levels will have a ball learning new skills, teamwork and love of the sport.

Registration: July 1 – August 20

Practices begin: Week of August 31st

Coaches meeting: August 24 at 7:00 pm

First Game: September 12 • Last Game: November 7

MEM: \$75 PRO: \$95



**Volleyball Clinic ages 8-14:** This mini-clinic is for those that want to improve and learn basic skills. Instruction will be provided by the coaches and players from Reinhardt College. Ideal for those playing at the YMCA this fall!

Registration: July 1 – August 20

Aug. 13, 6:30 – 8:30 pm • Aug. 14, 6:30 – 9:00 pm

Aug. 15, 8:30 – 12:00 pm

MEM: \$60 PRO: \$75 Fee includes t-shirt & ball



**1-Day Volleyball Clinic ages 5-9:** A good introduction to basic skills. Players of all levels will be challenged. Instruction will be provided by the coaches and players from the Reinhardt College team. Ideal for those playing at the YMCA this fall!!

Registration: July 1 – August 15

Aug. 22, 9:00 am – 12:00 pm

MEM: \$24 PRO: \$30 Fee includes Ball



## Indoor Soccer - Canton Y

**Futsal Indoor Soccer ages 6-13:** Play at Heritage Presbyterian in Woodstock when outdoor fields close for the off season! With our indoor soccer program, we will keep you kicking all year long! Includes Jersey & Trophy!

December 12 - February 13

MEM: \$85 PRO: \$100



## Basketball & Cheer - Canton Y

**Basketball & Cheer ages 4-11:** Our leagues are coed and specially adapted for each age group. Practices are once per week (9 total) with games on Saturdays (8 total). Players of all levels will have a ball learning new skills, teamwork and love of the sport.

Registration: September 14 – November 5

Practices begin the week of November 16

Coaches meeting: November 9 at 7pm

First Game: Dec. 5 • Last Game: Feb. 6

Basketball U8-U12: MEM: \$75 PRO: \$95

Basketball U6: MEM: \$65 PRO: \$85

Cheer: MEM: \$65 PRO: \$85

Cheer Uniform fee: \$25

## Homeschool PE - Canton Y

**Homeschool PE ages 3-16:** Join us for physical activity, nutritional education, socialization and so much more. Kids are broken up into ages 3-5 and 6-18 for age appropriate activities. Come have some fun on the Homeschool Team!

M/W, 12:00 pm– 1:00 pm

Session 1: September 14 – October 21

Session 2: October 26 – December 9

Session 3: January 4 – February 10

Session 4: February 22 – March 31

Session 5: April 12 – May 19

Two classes a week:

MEM: \$45/first child • \$35/each add'l child

PRO: \$65/first child • \$55/each add'l child

