

# YMCA Special Programs

## Member Events

### Scarecrow Mania at the Cherokee Outdoor YMCA:

Put your artistic minds together! It's time to come up with a creative scarecrow to represent your school or family!

Drop Scarecrows by the Outdoor Y or the Canton Y by September 26! They will be placed all over the property.

Come visit the Outdoor Y in October & November to view the scarecrows! FREE!

### 3rd Annual YMCA Fall Classic 10k, 5k & 1 mile walk

at the Canton YMCA: Bring the family and join us for this annual event! October 17

### Pumpkin Patch at the Cherokee Outdoor YMCA:

Join us for a fun filled day including story time, hayride, picking out your very own pumpkin, craft and snacks with a special witchy brew (ginger ale & sherbet).

October 18 • MEM & PRO: \$5 per person

### Breakfast with Santa at the Cherokee Outdoor YMCA:

Enjoy a hot breakfast with your family and then enjoy time with Santa while telling him your Christmas wishes. Space is limited. December 12 • MEM & PRO: \$10 per person

**Cherokee YMCA Challenge:** Participate and get to know your two YMCA branches better! FREE and fun prizes! More information coming soon - watch for emails & flyers!

## Seniors

### Aqua Gold Water Group Exercise Class: Tuesdays &

Thursdays, 1:00 pm-1:50 pm

**Golden Hours:** City of Canton seniors age 60+ may use the indoor pool facilities and indoor track at no charge. Stop by the registration desk for a golden hours card. For more information, contact Nicole Lawson at 678-880-3501 or NicoleL@ymacatlanta.org.

Tuesdays & Thursdays, 1:00 pm – 3:00 pm

## Volunteerism

At the YMCA, your time and talents go a long way. YMCA volunteers provide caring attention to all members, support for local families and encouragement for people of all ages, abilities and circumstances. No matter how you choose to volunteer, you help make our community a better place. Please contact Nicole Lawson at 678-880-3501 or NicoleL@ymacatlanta.org

## Rentals & Field Trips - Cherokee Y August 2009 – May 2010

Many different types of program areas for rental year round. Dining hall, small pavilions, large pavilion, pool and soccer fields. Rentals can be utilized for meetings, weddings, birthdays and reunions. Please call 770-591-5820 for fees.

### Church, Youth & Outdoor Education

**Retreats:** Our retreat facility is located on 225 acres on Lake Allatoona allowing us to offer various retreat programs, such as: canoeing, kayaking, hiking, low ropes, climbing & much more! The YMCA has 7 comfortable bunk-style rooms that can each sleep 11 and is equipped with heat, air, restrooms & showers. For groups of more than 77 persons, cabins can be added as needed up to 100 persons.

3 nights/9 meals \$110 per person

3 nights/7 meals \$100 per person

2 nights/5 meals \$80 per person

2 nights/4 meals \$75 per person

1 night/3 meals \$55 per person

1 night/2 meals \$50 per person

**Teambuilding/Low Ropes:** We make personal and group success fun year round! Experience real life obstacles through controlled games, initiatives and challenges. Teamwork, leadership, goal setting, diversity, and positive character traits are encouraged.

10-40: \$30 per person (3 hours)

40-50: \$25 per person (3 hours)

51+: \$20 per person (3 hours)

### 40 ft Climbing Tower: \$10 per person

(if in addition to teambuilding - \$5 per person)

(minimum of 10 participants)

### Outdoor Education Field Trips

Get ready to travel back in time with our curriculum based Colonial program. This program is designed for Kindergarten - 5th grade. Teachers and children will delight in learning about their ancestors of the 1700's. Groups have several choices such as colonial toy making, creating candles, making home made butter.

\$8 per person