

# Dance & Gymnastics

## Creative Movement & Dance - Canton Y

**Tap & Ballet ages 3-5:** One class weekly for 45-minutes. This class is a combination class divided with 20 min of tap and 25 min of ballet. Since ballet is the basis for all dance technique, the combinations of both work hand in hand. The technical training is taught through ballet, which in turn helps teach the proper shifting of weight and patterns in movement for tap. Since children naturally respond to music and movement, all of the activities are executed to fun music.

Thursdays, 4:15 - 5:00 pm

Fall: MEM: \$204 PRO: \$214

Spring: MEM: \$216 PRO: \$226



## Gymnastics - Canton Y



*Tumble along with us before the summer rolls in full force. Your child will have fun with Gymnastics and learn balance, coordination and self-esteem in this challenging, yet age-appropriate, 6-week course.*

**Jazz & Hip Hop boys and girls ages 5 & up:** One class weekly for 45-minutes per class. This exciting class offers a wide range of fun and up beat movement! Children learn class discipline, coordination, left and right skills, patterns in movement, and basic jazz dance technique while improving their strength, flexibility, balance, and rhythm. Using fun, upbeat, age appropriate music.

Thursdays, 5:15 - 6:00 pm

Fall: MEM: \$204 PRO: \$214

Spring: MEM: \$216 PRO: \$226



### Mini Tumblers ages 18 months -3 years:

30 min. parent-assisted class.

Tuesdays, 10:30 – 11:00 am

MEM: \$55 PRO: \$85

### Mighty Tumblers ages 3-5 years:

50 min. non-parent-assisted class.

Tuesdays, 4:30 – 5:15 pm

MEM: \$74 PRO: \$94

### Dynamite Tumblers ages 6-12 years:

60 min. non-parent-assisted class.

Tuesdays, 5:30 pm – 6:30 pm

or Saturdays, 8:15 – 9:15 am

MEM: \$75 PRO: \$100

### NEW Procomp Gymnastics 5 & up:

60 minute class for the gymnast with the basic knowledge of forward rolls, cart-wheels, backward rolls, hand stands and round offs.

Tuesdays 5:30-6:30p m

or Saturdays 8:15 – 9:15 am

MEM: \$75 PRO: \$100

### Gymnastics Session Dates

#### Tuesdays

September 15 – October 20

November 3 - December 15

January 5-February 9

February 23 - March 30

April 13- May 18

#### Saturdays

September 19-October 24

November 7-December 19

January 9 - February 13

February 27 - April 3

### Dance Session Dates

Fall: August 13 – December 17  
(no class Sept 24 or Nov 26)

Spring: January 7 – May 20