

Northeast Y Camps: Sports Camps!

Basketball Camp - Full Day

Basketball Camp ages 6 - 14 years: Advance your fundamental offensive and defensive skills, and have a great time doing it! You'll enjoy drills for passing, dribbling, shooting, defense, game tactics and even play full court games. Campers will receive a camp t-shirt, individual and team instruction with competitions for all campers.

Monday- Friday, 9:00 – 4:00 pm

Ages: 6-8: July 6-10

Ages: 9-14: June 8-12 • June 15-19 • July 13-17 • July 20-24

MEM: \$160/week PRO: \$240/week

All Sports Camp - Full Day

All Sports Camp ages 6 - 14 years: Play four sports a day in an action packed five day camp. The camp may sample the sports of volleyball, basketball, lacrosse, soccer, floor hockey, dodgeball, flag football and ultimate frisbee. Equipment provided. All campers will receive a t-shirt.

Monday- Friday, 9:00 – 4:00 pm

Ages 6-8: August 3 - 7

Ages 9-14: June 1 - 5 • June 22 - 26 • July 27 - 31

MEM: \$160/week PRO: \$240/week

Volleyball Camp - Full Day

Volleyball Camp ages 9 - 14 years: Join the fastest growing sport in East Cobb. Instructors will provide all volleyball skills, a complete knowledge of the game, game-like scrimmages, skills contests, competitive training and a ton of fun! All campers will receive a t-shirt.

Monday- Friday, 9:00 – 4:00 pm

July 6 - 10 • August 3 - 7

MEM: \$160/week PRO: \$240/week

Speed & Agility Camp - Half Day

Speed & Agility Camp ages 9 - 16 years: This is for athletes who demand quick movement and balance. We'll work on core body and strength and first step quickness, as well as flexibility and coordination. Athletes will also learn drills they can do at home!

Monday- Friday, 9:00 – 12:00 pm

June 1 - 5 • July 6 - 10

MEM: \$90/week PRO: \$135/week



Full-Day Camps:

MEM: \$160 PRO: \$240



Half-Day Camps:

MEM: \$90 PRO: \$135



Inline Hockey Camp - Half Day

Hockey Camp ages 9-16: Achieve higher levels of skills in skating, shooting and game strategies. Campers will also put these skills to the test with daily games. Full hockey gear is required for participation.

Monday- Friday, 9:00 – 12:00 pm

June 15 - 19 • July 20 - 24

MEM: \$90/week PRO: \$135/week

Lacrosse Camp - Half Day

Lacrosse Camp ages 9-14: Learn the basic skills to play lacrosse. Our instructors will teach proper techniques, shooting and game strategies. Campers will also put these skills to the test with daily games. Equipment is required for participation.

Monday- Friday, 9:00 – 12:00 pm

June 8 - 12 • July 13 - 17

MEM: \$90/week PRO: \$135/week

