

Northeast Cobb Family YMCA

Facility Policies

Facility Members

Children 13 and older may enter the facility without a parent.

Children under 13 must be under direct supervision of either the FSC or a parent at all times.

All children under 13 must be checked into the FSC when it is open. Parents cannot leave the building while their child is in the FSC.

Children 9 - 12 may be checked out of the FSC by a parent to participate in Cardio, Circuit Training or approved Exercise Classes. If the child is checked out of the FSC, it is the parent's responsibility to supervise the child at all times.

**Note: The child must be properly trained by the Wellness staff and must wear the appropriate footwear and attire.*

Children under 9 must be checked into the FSC and cannot be checked out by a parent to participate in any exercise program. If the FSC is not open, the child must be under direct control of a parent at all times. Children under 9 cannot be in the Cardio, Circuit Training or Group Exercise areas, the Members Lounge or in any area that is not supervised by YMCA Staff even when accompanied by a parent.

In all cases, when the child is under the supervision of the parent, these rules apply:

Cardio Area – the child must be on the machine next to a parent

Circuit Training Area – the child must be within arms length of a parent

Approved Group Exercise – the child must be next to a parent. The child cannot leave the exercise area without a parent.

The child must be escorted to and from the restroom by a parent.

Children under 13 are not permitted in the Members Lounge.

Children under 13 found roaming the YMCA unsupervised will be brought back to the parent.

Program Members

Program Members and guests are limited to the use of the gym and arena areas while participating in the program they signed up for.

- Children of Program Members must stay in the spectator area of the activity with the parent.
- Guests and their children must stay in the spectator area where the program is taking place. (arena, basketball spectator areas).

This facility policy is intended to keep your children safe while visiting our YMCA. We ask for your cooperation in helping us protect your children.