

# Inline Hockey

The following programs have equipment requirements for participation.

Andrew Ross

Sports Program Coordinator

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## Youth Hockey

**Hockey 101 ages 4-9:** This is a 6-week class geared towards locking in the fundamentals of the sport through various activities and the possibility for small-sided game play. Some equipment required. Discover your game!

Wednesdays, 5:00 pm – 5:45 pm

Session 1: Aug. 19 – Sept. 23 • Register by: Aug. 16

Session 2: Sept. 30 – Nov. 4 • Register by: Sept. 27

MEM: \$50 PRO: \$80



**Hockey 102 ages 8-12:** This is a 6-week class geared towards taking your game to the next level through more advanced skill activities and game strategy. Full gear required. "Step up" your game!

Wednesdays, 5:00 pm – 5:45 pm

Session 1: Aug. 19 – Sept. 23 • Register by: Aug. 16

Session 2: Sept. 30 – Nov. 4 • Register by: Sept. 27

MEM: \$50 PRO: \$80



**Youth Coed Inline Hockey League ages 6-14:** This is an 8-week season with playoffs to follow. Player's skill level will be evaluated in order to best balance the teams. This will be done by the YMCA staff and volunteer coaches. Teaching our core values (honesty, caring, respect and responsibility) is at the heart of this program. Be on the look out for more information about the Atlanta Thrashers partnering with the Northeast Cobb YMCA!

U9 (ages 6-8); U12 (ages 9-11); U15 (ages 12-14)

Aug. 18 – Nov. 6 • Register by: August 17

Evaluations: During first week of practice

Practices: Tues. or Thurs., 6:00 – 9:00 pm (1 hour per week)

Games: Fridays starting August 28, 6:00 pm – 10:00 pm

No Games: Sept. 4 • Coaches' Meeting: TBA

MEM: \$80 (add'l child \$10 off) PRO: \$110 (add'l child \$10 off)



## Learn to Skate

**Learn to Skate ages 3-8:** A 6-week class geared towards learning the fundamentals of skating. Skills will be taught step-by-step through a variety of fun activities. Basic hockey skills will be introduced. Skates or roller blades required.

Saturdays, 10:00 am – 11:00 am

Session 1: Aug. 22 – Oct. 3 (no class 9/5) • Register by: Aug. 19

Session 2: Oct. 10 – Nov. 14 • Register by: Oct. 7

MEM: \$30 PRO: \$50



## Goal Keeper Training

**Goalkeeper Training ages 9-18:** This is 6-weeks of specialization training for hockey goalkeepers. If you have any interest in becoming successful at this position, this class is an excellent opportunity to take your game to the next level. Enroll early! Limit 5 per session!

Wednesdays, 6:00 pm – 7:00 pm

Session 1: Aug. 19 – Sept. 23

Register by: Aug. 16

Session 2: Sept. 30 – Nov. 4

Register by: Sept. 27

MEM: \$80 PRO: \$110



## Adult Hockey

**Adult Inline Hockey League ages 30+:** This is an 8-week season with a 2-week playoff. Games are three 18-minute periods. Register individually. Captains will select teams after evaluation. Goalkeepers of any age play free but must register as a program member.

Sundays, 6:00 pm – 10:00 pm

Fall Evaluations: Aug. 30, 7:00 – 9:00 pm

Fall Season: Sept. 13 – Nov. 22

Winter Evaluations: Dec. 6, 7:00 – 9:00 pm

Winter Season: Dec. 13 – Feb. 28

MEM: \$80 PRO: \$120

