

# Basketball

**Youth Basketball Leagues *ages 6-14:*** This is an 8-week season with playoffs to follow. There will be league play opportunities with other YMCA's in the area. Player's skill level will be evaluated in order to best balance the teams. This will be done by the YMCA staff and volunteer coaches. It is the YMCA's intent to create equal teams in order to make the league challenging for all players. Teaching our core values (honesty, caring, respect and responsibility) is at the heart of this program. Be on the look out for more information about the Atlanta Hawks partnering with the Northeast Cobb YMCA!

**Divisions:** Register child by age division, determined by child's age at start of season.

U8 Coed: ages 6 – 7 • U10 Coed: ages 8 – 9  
U12 Girls: ages 10 – 11 • U12 Boys: ages 10 – 11  
U15 Girls: ages 12 – 14 • U15 Boys: ages 12 – 14

**Evaluations:** Saturday, Nov. 14, Times TBA

**Season:** Nov. 16 – Feb. 20 • **Register by** Nov. 13

**Practices:** M/TU/TH or F, 6:00 – 9:00 pm *(1 hour per week)*

**Games:** Saturdays, starting Dec. 5, 9:00 am – 8:00 pm

**No Games:** Dec. 26 or Jan. 2 • **Coaches Meeting:** TBA

**MEM:** \$90 *(add'l child \$10 off)* **PRO:** \$120 *(add'l child \$10 off)*

**Basketball 101 *ages 4-9:*** This is a 6-week class geared towards locking in the fundamentals of the sport through various activities and the possibility for small-sided game play. It's time to discover your game!

Thursdays, 4:15 pm – 5:00 pm

**Session 1:** Aug. 20 – Sept. 24 • **Register by:** Aug. 17

**Session 2:** Oct. 1-Nov. 5 • **Register by:** Sept. 28

**MEM:** \$50 **PRO:** \$80



**Basketball 102 *ages 8-12:*** This is a 6-week class geared towards taking your game to the next level through more advanced skill activities and game strategy. It's time to "step up" your game!

Thursdays, 5:00 pm – 5:45 pm

**Session 1:** Aug. 20 – Sept. 24 • **Register by** Aug. 17

**Session 2:** Oct. 1 – Nov. 5 • **Register by** Sept. 28

**MEM:** \$50 **PRO:** \$80



**Adult Basketball Pick-Up *ages 18+:***

Games will be played to 15 by ones (win by 2) when 4 players or less are on the sign-in board. Play to 11 if 5 or more are waiting. There is a 2-game MAX, and then the winning team must rotate out if 5 or more players are waiting. All players must abide by the open gym rules.

Sundays, 2:00 pm – 6:00 pm

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