

# MemberBenefits

Northeast Cobb YMCA

Revised 9/28/2009

# YARENA

Schedule effective through October 31, 2009

## MONDAY

		Side
5:00 am - 6:00 am	Open Arena	A & B
6:00 am - 7:30 am	Boot Camp	A & B
7:30 am - 2:00 pm	Open Arena	A & B
2:00 am - 4:00 pm	Open Stick	A & B
4:00 pm - 6:00 pm	Soccer 101&102	A & B
6:00 pm - 7:00 pm	Ypod On the Move	A & B
7:00 pm - 10:00 pm	Adult Pick Up Soccer	A & B

## TUESDAY

5:00 am - 1:00 pm	Open Arena	A & B
1:00 pm - 2:00 pm	Jacobs Ladder	A & B
2:00 pm - 5:00 pm	Open Arena	A & B
5:00 pm - 6:00 pm	Ypod On the Move	A & B
6:00 pm - 8:00 pm	Yth Hockey League	A & B
8:00 pm - 10:00 pm	Open Stick	A & B

## WEDNESDAY

5:00 am - 6:00 am	Open Arena	A & B
6:00 am - 7:00 am	Boot Camp	A & B
7:30 am - 3:00 pm	Open Arena	A & B
3:00 pm - 5:00 pm	Open Stick	A & B
5:00 pm - 6:00 pm	Hockey 101&102	A & B
6:00 pm - 7:00 pm	Hockey GK Training	A & B
7:00 pm - 8:00 pm	Open Stick	A & B
8:00 pm - 9:00 pm	Adult 30+ Hockey Practice	A & B
9:00 pm - 10:00 pm	Open Arena	A & B

## THURSDAY

5:00 am - 1:00 pm	Open Arena	A & B
1:00 pm - 2:00 pm	Jacobs Ladder	A & B
2:00 pm - 4:00 pm	Wood Acres	A & B
4:00 pm - 5:00 pm	Lacrosse 101	A & B
5:00 pm - 6:00 pm	Open Arena	A & B
6:00 pm - 9:00 pm	Hockey Rental	A & B
9:00 pm - 10:00 pm	Open Stick	A & B

## FRIDAY

5:00 am - 6:00 am	Open Arena	A & B
6:00 am - 7:00 am	Boot Camp	A & B
7:30 am - 6:00 pm	Open Arena	A & B
6:00 pm - 9:00 pm	Yth Hockey League	A & B
9:00 pm - 10:00 pm	Open Stick	A & B

## SATURDAY

7:00 am - 10:00 am	Bruise Bro. Practice	A & B
10:00 am - 11:00 am	Learn to Skate	A & B
11:00 am - 2:00 pm	Open Stick	A & B
2:00 pm - 8:00 pm	Open Arena	A & B
8:00 pm - 11:00 pm	Middle School Night Oct. 17	A & B

## SUNDAY

12:00 pm - 3:00 pm	Open Stick	A & B
3:00 pm - 6:00 pm	Open Arena	A & B
6:00 pm - 10:00 pm	Adult 30+ Hockey League	A & B

## Special Events for Members in October!

### Middle School Night: Saturday 17, 8:00 - 11:00 pm

Note: The Arena Schedule may change due to unforeseen circumstances. Please contact front desk to verify. Thanks!

## Arena Guidelines & Open Arena Rules

- Non-marking soled shoes or skates must be worn in the Arena. Proper attire, including shirts, must be worn at all times.
- Appropriate gear must be worn for the activity being played. (Helmets, Shin Guards, Elbow Pads, etc.)
- Conduct yourself in an appropriate manner following the YMCA core values of Caring, Honesty, Respect and Responsibility.
- Only Facility Members and their guests are permitted on the Arena during Open Court and Open Stick.
- Program member children and guests are restricted to the Arena spectator area. They are not allowed to use the Gym or Batting Cages. They may use the Café area if accompanied by the parent.
- NO foul language, bullying, fighting or other inappropriate behavior will be tolerated. Violators will be asked to leave the facility.
- NO puck handling, kicking soccer balls or passing lacrosse balls in the locker rooms or Arena hallway areas is permitted.
- NO skating in the Gym, spectator, or batting cage area is permitted.
- No food, gum or drink is permitted on the Arena floor.
- Players are responsible for cleaning up the areas used at the end of their play. (Locker Rooms, Player Boxes, Bench areas, etc.)
- Please help us keep your YMCA in good repair. The intentional destruction of YMCA property will not be tolerated.

*Our Age of Usage Policy is intended to keep your children safe while visiting our YMCA. We ask for your cooperation in helping us protect your children.*

## Age of Use

- Only Facility Members 13 years of age and older may use the Arena without supervision.
- Facility Members 12 years of age and under may use the Arena as long as they are supervised by a parent or by YMCA staff.
- Program Members' children are not allowed to use the Arena unless they are participating in league play or authorized team practice.
- Children under the age of 13 years of age are not permitted to participate in Adult Pick-up games.
- All children under 13 years of age may use the Café area as long as they are directly supervised by the parent.

Northeast Cobb YMCA

3010 Johnson Ferry Road • Marietta, GA 30062 • 678-569-9622 • fax 678-507-9622 • ncy.ymcaatlanta.org