

YMCA Tennis: Youth & Adult Lessons

Youth Lessons

Tennis Tots *ages 3-5:* Learn hand-eye coordination in this intro class. Racquetball racquets or small tennis racquets are advised.

Wednesdays, 3:00 pm • Saturdays, 11:00 am

MEM: \$50 PRO: \$75

Munchkin Tennis *ages 5-8:* Learn basic strokes of the game: serve, forehand and backhand!

Ages 5-6: Wednesdays, 3:30 pm • Saturdays, 12:00 am

Ages 7-8: Saturdays, 12:30 pm

MEM: \$50 PRO: \$75

Adult Lessons

Pre-ALTA Tennis *ages 9-13:* Little/no experience.

Wednesdays, 5:00 pm • Saturdays, 1:00 pm

MEM: \$60 PRO: \$85

Adult Beginners *ages 14+:* Learn forehand, backhand, volley, overhead, serve and score.

Wednesdays, 9:00 pm or 6:00 pm • Saturdays, 9:00 am

MEM: \$60 PRO: \$85

Adult Advanced Beginners *ages 14+:* Refinement of all basic strokes. Prereq: Beginners class or equivalent.

Wednesdays, 11:00 am or 7:00 pm • Saturdays, 10:00 am

MEM: \$60 PRO: \$85

Doubles Lessons *ages 14+:* Doubles strategies through play and drills. Learn every possible position.

Wednesdays, 11:00 am

MEM: \$60 PRO: \$85

Make-up lessons are allowed for inclement weather or instructor cancellation. In case of inclement weather, call the Front Desk at 770-977-5991, Ext. 0 for news of postponement or cancellation. Tennis Tots, Munchkins and Pre-Alta will have lessons indoors if space is available. Rain make-ups for all classes are announce at the next class.



Tennis Session Dates

Session 1: Jan 13 – Feb 13

Register: MEM Dec 3 • PRO Dec 8

Session 2: Feb 24 – March 27

Register: MEM Dec 3 • PRO Dec 8

Session 3: April 14 – May 15

Register: MEM Dec 3 • PRO Dec 8

Spring Break Tennis Camp

Spring Break Tennis Camp *ages 6-14:*

Beginning Tennis with games and swimming, too!

April 5 - April 9

Monday - Friday, 9:00 am - 4:00 pm

**no extended care!*

MEM: \$175 PRO \$200

Rodney Young

Tennis Coach
770-977-5991

