

Sports: Preschool Sports, Football & more!

Special Needs Programs

Coming Soon! Special Needs Programs:

Sports activities for children and teenagers in the East Cobb area with high-functioning autism, Asbergers and related conditions. Watch for information flyers in the lobby area. Focus will be on building strong family relationships.



Preschool Sports

Basketball ages 4-5: Fun and informal games with no scoring and everyone's a winner! Starting times vary. Games once a week, 45 min. each. T-shirt included. In-person registration only.

6 Saturdays, January 9 - February 13
Games at 9:00 or 10:00 am

6 Sundays, January 10 - February 14
Games played in the afternoon

MEM: \$70 PRO: \$100



T-Ball ages 4-5: Non-competitive T-Ball where everyone plays! YMCA preschool T-Ball is a skill development program that prepares children for future sports programs. T-shirts/caps included! Starting times vary. Games are 45-minutes.

7 Sundays: April 11 - May 23 (afternoons)

MEM: \$70 PRO: \$100



Flag Football

Flag Football ages 6-9 co-ed:

T-shirt included! Teams need coaches. Contact Heather Liddell at heatherl@ymcaatlanta.org if interested.

January 9 – February 27

Saturdays 12:00 pm, 1:30 pm, 3:00 pm
(Times vary each week.)

Mem: \$90 PRO: \$115



Pick-up Volleyball

Pick-up Volleyball ages 12+: Pick-up game fun! Contact Heather Liddell, heatherl@ymcaatlanta.org or 770-977-5991 for more information.

Family: Sundays, 3:30 pm - 5:30 pm

MEM only: Free



Heather Liddell

Sports/Camp Director
678-564-2125

