

Northeast Y: Inline Hockey

Andrew Ross

Sports Program Coordinator

phone: 678-507-9625

Youth Inline Hockey

Hockey "Practice & Play" ages 6-12: Are you ready to put on some gear? Then it's time for you to join this class that prepares young athletes for league play while developing their character. Content geared towards beginner and intermediate skill level.

Ages 6-8: Wednesdays, 4:00 – 5:00 pm

Ages 9-12: Wednesdays, 5:00 – 6:00 pm

Session 1: February 24 – March 31

Session 2: April 14 – May 19

MEM: \$50 PRO: \$80



Northeast Cobb YMCA Programs!

Youth Coed Inline Hockey League ages 6-12: This is such a dynamic sport unique to our YMCA! Inline hockey is an excellent game for all ages to learn such things as balance and coordination that transcend into so many other activities. This is an 8-week season with one practice night a week.

Practices: start week of February 15

Season: February 26-April 30 (Fridays) no games April 2 & 9

Tournament: May 7 (tentative)

MEM: \$90 PRO: \$120



Learn to Skate

Learn to Skate ages 3-12: Come learn to skate in our indoor arena. Skills will be taught step-by-step through a variety of fun activities. Some basic hockey skills will be introduced. Parents are welcome to skate with the class. **Bring your own skates: Inlines and quads.**

Wednesdays, 4:00 pm – 5:00 pm

Session 1: February 24 – March 31

Session 2: April 14 – May 19

MEM: \$40 PRO: \$70



Quickscores: www.quickscores.com/ymcanecobb

Weather Hotline: 678-507-9633

Private Inline Hockey Instruction

Inline Hockey Private Instruction all ages: Appointment Only. Contact Andrew Ross at andrewr@ymcaatlanta.org. Samuel Rathvon, Coach.

Private (One person): \$40/hour

Semi-Private (2 people): \$50/hour

Group (3-4 people): \$60/hour

Adult Inline Hockey

Adult Inline Hockey League ages 30+:

Come join our outstanding adult inline hockey league this spring! Games are three 18-minute periods. Goalkeepers of any age play for free but must register as a program member. Register individually. Teams are selected during mid-week practices/scrimmages. Contact Jeff Shimizu for more information at (678) 232-7233.

Season: April 21 – June 13 (Sundays)

no games April 4, 11 & May 30

All Stars: June 20

MEM: \$80 PRO: \$120



Required Equipment: HECC approved helmet with full facemask, skates with no brakes, knee & shin pads, mouth guard, stick, gloves, elbow pads, protective cup.
Recommended Equipment: chest protector.

Northeast Y: Volleyball, Lacrosse & Preschool

Volleyball

Garrison Mill Elementary School After-School Volleyball *K-2nd grade & 3rd-5th grade:* Join the YMCA for a program at YOUR school! Have fun learning and playing the game of volleyball with your classmates. Skills will be introduced in an age-appropriate manner with a variety of equipment.

Tuesdays, 4:30 – 5:30 pm

Practice & Play: March 2 – April 27

MEM: \$60 PRO: \$90



Youth Volleyball League *ages 9-14:* Bump! Set! Spike! Come be a part of our youth volleyball league and learn the fundamentals and strategies of the game while having a great time with friends. This is an 8-week season with one practice night a week.

Practices: start week of February 15

Season: February 27 – May 1 (Saturdays)
no games April 3 & 10

Tournament: May 8 (tentative)

MEM: \$80 PRO: \$110



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Lacrosse

Mount Bethel Elementary School After-School Lacrosse *2nd-3rd grade & 4th-5th grade:* Join the YMCA for a program at YOUR school! Have fun learning and playing the game of lacrosse with your classmates. Skills will be introduced in an age-appropriate manner with a variety of equipment.

2nd-3rd grade: Tuesdays, 4:30 – 5:30 pm

Practice & Play: March 2 – April 27

4th-5th grade: Thursdays, 4:30 – 5:30 pm

Practice & Play: March 4 – April 29

MEM: \$60 PRO: \$90

Adult Volleyball

Adult Volleyball Pickup *ages 15+:* Games will be played to 15 using rally scoring. There is a 2-game max and the winning team must rotate out if 5 or more players are waiting. All players must abide by open gym rules.

Wednesdays, 7:30 – 10:00 pm