



Weekday Session: **Registration Deadline**

Aug. 31 - Sept. 28 August 27th
Due to Labor Day Holiday, Monday Class Sept. 7th will be made up on September 28th

October 5 - 29 October 1st

*November 2 -12 October 29th

*December 7 - 17 December 3rd

**Mini Weekday sessions classes are held Monday thru Thursday, consecutively for two weeks.*

Saturday Sessions **Registration Deadline**

September 5 - 26 September 3rd

October 3 - 24 October 1st

November 7 -21 November 5th

Make Up Swim Lesson Schedule

Due to the Thanksgiving holiday, there will be no Saturday class Nov. 28th. The make up class will be held Friday, Nov. 20th.

Parent-Tot: 6:00 - 6:30 pm

Pike, Eel, Ray & Starfish: 6:00 - 6:30 pm

Polliwog, Guppy & Minnow: 6:35 - 7:20 pm

Fish, Flying Fish & Shark: 7:25 - 8:10 pm

Adult Beginner/Intermediate: 7:25 - 8:10 pm

Due to the Christmas holiday, there will be no Saturday class Dec. 26th. The make up class will be held Friday, Dec. 18th.

Parent-Tot: 6:00 - 6:30 pm

Pike, Eel, Ray & Starfish: 6:00 - 6:30 pm

Polliwog, Guppy & Minnow: 6:35 - 7:20 pm

Fish, Flying Fish & Shark: 7:25 - 8:10 pm

Adult Beginner/Intermediate: 7:25 - 8:10 pm

Note: Make up Lessons can not be rescheduled.

East Lake Family YMCA
275 East Lake Blvd.
Atlanta, GA 30317
(404) 373-6561

Preschool Swim Lessons

Parent/Tot: No skills required

Parent assisted program designed to increase comfort in the water. Provides positive learning environment for aquatics.

Ages 6-36 months

[Saturday Only] - 9:15 - 9:45 am

Pike [Beginner]: No skills required

Water readiness. In class: will learn to blow bubbles, put face in water and proper kicking, paddling, front and back floats with use of floatation devices.

Ages 3-5 years

[Monday - Wednesday]

6:00 - 6:30 pm

[Tuesday-Thursday]

6:00 - 6:30 pm

[Saturday]

9:45 - 10:15 am

EEL (Advanced Beginner): Skills required

Put face in the water float on back and front w/assistance swim 5 feet without floatation. **In class:** will learn to bob, kick on back float, swim without assistance 15 feet, wet ball and synchronized swimming skills.

Ages 3-5 years

[Monday - Wednesday]

6:00 - 6:30 pm

[Tuesday-Thursday]

6:00 - 6:30 pm

[Saturday]

9:45 - 10:15 am

[Taught Together]

Ray [Intermediate-Advanced]: Skills required

Swim without flotation device 15 feet, float on front and back, jump into water without help. **In class:** will learn front crawl elementary backstroke, treading water, synchronized swimming skills and we ball activities.

Starfish [Advanced]: Skills required

Tread water, swim 25 feet using a modified crawl stroke and swim on back. **In class:** will learn survival float, knelling and sitting dives, boating safety, to coordinate front crawl with rotary breathing and back crawl 25 yards.

Ages 3-5 years

[Monday - Wednesday]

6:00 - 6:30 pm

[Tuesday-Thursday]

6:00 - 6:30 pm

[Saturday]

9:45 - 10:15 am

[8 Lessons]	<u>(F)acility Member</u>	<u>*(P)rogram Only</u>	<u>After Registration Deadline Date</u>
Weekday	\$45	\$90	(F) \$55 (P) \$100

[4 Lessons]			
Saturday	\$25	\$50	(F) \$35 (P) \$60

(Members Only) - Private and semi-Private lessons will be scheduled at the convenience of the member and the availability of the pool.

Private \$100 [3 hours total] 1 to 1 schedule with teacher

Semi-Private \$160 [3 hours total] at least 2 in a class, \$80.00 per student

**\$25 individual Program Membership fee, \$35 Family Program Membership fee
 No refund for unattended classes.*