

 The Villages at Carver Family YMCA

# Get Fit at Carver Aerobathon 2009



**Saturday, February 21, 2009**  
**9:00am – 12:00 pm**  
**Aerobic Studio**



**Dynamic Instructors**  
**15 Minute Demos**  
**Energetic, relaxing, and fun!!!**

**Refreshments served!**  
**Sign-Up at the Front Desk!!!**



**Benefiting the YMCA's Partner with Youth Campaign**