

What's Happenin'.... Club 55

Happy Grandparent's Day...September 13th!

Dear friends. The past year & a half have blessed me SO MUCH, by working with you. The trips, the movies, the FOOD, the COOKBOOKS!! I'm stepping down as your leader, and welcoming back Kelly Duncan, who was Active Older Adults Coordinator for 3-1/2 yrs before I took over. We're switching, but will continue to work together to serve you! I will miss our time together. Thank you for the opportunity to be a part of your lives. I will be the new Volunteer Coordinator/Marketing person. Much love & blessings, Sheila

BIG EVENT: PICNIC, ARTS & CRAFTS, & A POW-WOW! Sat, Sept. 26. McIntosh Reserve, in Whitesburg. Arts, crafts, food, cloggers, Native American culture, live music, & more. We'll be under the pavilion; meet there at 11:30am. BE SURE to get directions & details from Kelly! \$5 covers park admission, festival & grilled meats. Please bring your favorite dish. For all fitness levels, sit & talk or walk a trail! **PAY IN ADVANCE** to membership or directly to Kelly Duncan. Questions? 770-254-5919.

September 11th, Friday—Bowling & Lunch Day—Fun Fridays! Last time, 19 came & had fun, join us whether you bowl or not...cheer on the team! \$3 includes an hour of bowling & your shoes! (pay at the lanes—don't bowl, don't pay!) Lunch is your choice, so vote now! Bowling is at 10:30, lunch afterward. Sign up at wellness, or contact Kelly.

September 26, Wednesday—K.O.S.A. (Keeping Our Stories Alive) We are writing our life stories to give as gifts to future generations. Not too late to join! American history comes alive in the room as we share stories. Bring a notebook & your stories! Please contact Sheila if you're coming, or have questions! **NEW TIME!!! 11:30-12:45, Tyre Community Room**

*****BRAND NEW!!!** LINE DANCING IS BACK!**

Line Dancing, 2nd & 4th Wed at 11am. All levels! (9/9 & 9/23)

Walking Club, 1st, 3rd, & 5th Wed at 11am. Meet at indoor track (9/2, 16, 30th)

Crochet Group, every Thur at 10am. In Tyre Community Room. Teach your skills to a younger generation, or learn your own! Susan Shapiro also teaches knitting! Eventual goal, to do service projects for those in need. All ages. Contact Amy for details: 770-254-5923

Lunch with Y Friends; every 4th Thurs. Meet at Golden Corral, 1pm. In back private room. Call Pat, 770-304-8761 to save a seat. Next lunch: Sept. 24th



GOLF CART SERVICE COMING SOON! LOOKING FOR FRIENDLY, SMILING FACES TO VOLUNTEER MORNINGS OR AFTERNOONS. CONTACT SHEILA FOR MORE INFO: 770-254-5920.

Any questions, please call Kelly Duncan, Active Older Adults Coordinator: 770-254-5919, or sfyseniors@ymcaatlanta.org. Be informed —sign up for alerts/events at sfy.ymcaatlanta.org.