

GYM SCHEDULE

Cowart Family-Ashford Dunwoody YMCA

January 3 - February 14, 2010



6:00 7:00 8:00 9:00 10:00 11:00 12:00 1:00 2:00 3:00 4:00 5:00 6:00 7:00 8:00 9:00 10:00

Monday	North	Open Gym						Youth	Adult	Youth	Open
	South	Open Gym		Gymnastics					Youth Bball		Open
Tuesday	North	Open Gym						Youth Bball			Open
	South	Open Gym		Gymnastics					Youth Bball		Open
Wednesday	North	Open Gym						Youth	Adult Pick Up	Open	
	South	Open Gym						Youth Bball			Open
Thursday	North	Open Gym						Youth Bball			Open
	South	Open Gym		Gymnastics					Youth Bball		Open
Friday	North	Open Gym						Youth Bball			Open
	South	Open Gym						Youth Bball			Open
Saturday	North	Youth Basketball Games*						YMCA CLOSED			
	South	YMCA CLOSED	Youth Basketball Games*						YMCA CLOSED		
Sunday	North	YMCA CLOSED	Open Gym	40 over Pick-Up	12PM-3PM		Open Gym**			YMCA CLOSED	
	South	YMCA CLOSED	Open Gym		Adult Pick-Up		Open Gym**			YMCA CLOSED	

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Occasionally, last minute changes may need to be made. Changes will be posted in advance.

**Youth Basketball Games on Sundays during Afternoon Open Gym - Jan 13, Jan 24, Feb 7 & Feb 13