



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Outdoor Pool Information & Schedule Summer 2012

## **Weekdays May 29 – July 31, 2012**

Monday – Thursday 11:00 am – 8:30 pm

Friday 11:00 am – 7:45 pm

**All Pools will close June 9<sup>th</sup> at 2:30 pm for a Metro Training**

## **Weekdays August 1 – August 31, 2012**

Monday – Thursday\* TBA

Friday \* TBA

## **Weekends May 26 – September 25**

Saturday \* 11a – 5:45p

Sunday \* 1p – 5:45p

## **Holidays**

Please use Outdoor Pool member entrance, remember to bring your cards **and no guests on holidays**

Memorial Day 1:00 -5:45 pm

July 4<sup>th</sup> 1:00-5:45 pm

Labor Day 1:00p -5:45pm



## **Outdoor Pool Rules**

**All pools will close 15 minutes for thunder & 30 minutes for lightning.**

**Please shower before entering the pool.**

- Children under 13 MUST have adult member supervision at all times while using the outdoor pool.
- Diving is only permitted in designated areas.
- No swimming without lifeguard on duty.
- No running, pushing or horseplay.
- Proper swimming attire is required. This is a family facility, please dress accordingly. Members who do not adhere to this policy will be asked to change.
- All guests must have picture ID and complete a guest pass form and waiver. A guest is entitled to one free visit per facility per year.
- All drinks must be in plastic re-sealable containers.
- Please do not eat while on the pool desk. Please use the wood picnic tables.
- Glass, sharp objects, or hazardous materials are not permitted.
- The smoking area is outside the fence next to the Ingles parking lot. Please do not smoke inside the pool area.
- Swimmers with diarrhea, skin disease, open lesion(s) or other communicable conditions are not permitted in the pool.
- Spitting, or blowing nose in pool is not permitted.
- Pets are not allowed in the pool area.
- Please follow the lifeguard's instructions.

## **Swim Test Details**

Given on the hour, every hour from 10am-7pm Monday-Friday in the indoor pool for the first 10 minutes when there are 2 lifeguards available. In May, typically this is from 4-7p. Be ready for the opening of the outdoor pool and have your child tested now. Swim test consists of: 25 yard front crawl (non-stop) and treading water for 1 minute. These are done consecutively.

**All Children Who Have Not Reached Their 4<sup>th</sup> Birthday MUST wear a swim diaper and a plastic swim pant before entering the pool(s).**

## Adult Swim Times

We designate *Adult Swim Times* to give children a chance to use the rest room, take a quick break and to allow the adults to use the pool uninterrupted.. Please make sure your child takes advantage of this time. Adult Swim times are on the top of even hours for 15 minutes.

## Diving and Lap Pool

### **Please shower before entering the pool.**

- A swim band is required to use the lap pool and diving boards.
- When the diving well is open the lap lanes will be closed.
- Only one person at a time on the diving boards.
- No side diving from the boards.
- Maximum weight on the diving boards is 250 pounds.
- Exit the pool immediately after you dive. Do Not Swim Down to the Drains or back under the diving boards.
- Back flips and side diving is prohibited off the diving boards.
- Only one bounce is allowed on the board
- Please follow the lifeguard's instructions.

## Lap Swimming

- When lap swimming, please circle swim so we may accommodate more swimmers.
- No more than 6 lap swimmers to a lane. Please swim in a speed appropriate lane.
- When there are 2 or more lap swimmers in a lane, please do not swim butterfly.

## **\* Dragon's Tail Water Slide will have limited availability August – September.**

### **Please shower before entering the pool.**

- You must be 48" tall.
- Maximum weight can not exceed 250 pounds.
- Riders must enter and exit the slide flume in a feet first position.
- Riders must slide while lying on their back with their arms crossed over their chest.
- Do not go down the slide head first. Do not sit up in the slide.
- Only one slider at a time. Absolutely no trains, chains or piggy backing.
- You may only enter the plunge area when the lifeguard gives you permission. Exit the plunge area immediately after landing via the steps.
- No flotation devices, tubes, mat, life jackets are allowed on the water slide.
- Riders should be in good health when using the slide. Elderly persons, individuals with medical conditions, pregnant, or individuals under the influence of alcohol should not use the slide.
- Riders should not wear clothing with exposed zippers, rivets, buckles or metal ornamentation. No jewelry cut off jeans, eye glasses, and goggles or faces masks when using the slide.
- Do not pull or propel yourself down the slide.
- No diving from the slide
- The line to use the slide will form on the pool deck. One rider on each landing at a time.
- Please follow the lifeguard's instructions.

## Current Channel

### **Please shower before entering the pool.**

- Swimmers using the current channel must have a swim band on or be with a parent (in arms reach)
- All swimmers must be on a noodle when using the current channel.
- No diving, dunking, or horseplay in the current channel.
- Please do not submerge while using the current channel.
- Please use the stairs when entering and exiting the current channel.
- Please do not form trains, chains or piggy back in the current channel.
- Please do not climb or hang on the island.
- Please follow the lifeguard's instructions.

**All Children Who Have Not Reached Their 4<sup>th</sup> Birthday MUST Wear a Swim Diaper and a Plastic Swim Pant. Before Entering the Pool**

### **For questions, please contact**

Peggy Donaldson - Aquatics Director - 678-880-3513 or [peggyd@ymcaatlanta.org](mailto:peggyd@ymcaatlanta.org)

Brenda Arambula - Associate Aquatics Director - 770-345-9622 X4567 or [brendaa@ymcaatlanta.org](mailto:brendaa@ymcaatlanta.org)