



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

GYM SCHEDULE

NORTH EAST COBB YMCA

Schedule Begins March 28 and is subject to change

Gym Policies

- All members/guests must be checked in by the front desk staff
- Children younger than 13 must be directly supervised by an adult (18+)
- No rough play, fighting and/or abusive/profane language or gestures
- No bare feet, sandals or marking soled shoes
- No food, gum or drinks (other than water)
- No dunking, slamming or hanging from the rims/nets
- Intentional destruction of YMCA property will not be tolerated
- Proper attire must be worn and be suitable for a family-oriented facility
- Members are responsible for their guests
- Good sportsmanship and demonstration of the core YMCA values are expected for all activities
- ½ Gym Open for Open Play
- Adult Basketball: Ages 18+
- Open Gym: ages 13+ unless with parent

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
6:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
8:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
9:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	411 Academy	
10:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	411 Academy	
11:00 am	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	411 Academy	
NOON	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	
1:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Adult Basketball
2:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Adult Basketball
3:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
4:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
5:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym
6:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
7:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
8:00 pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		
9:00pm	Open Gym	Open Gym	Open Gym	Open Gym	Open Gym		

Gym will be split for cross-court play with 16+ players

Northeast Cobb Family YMCA
3010 Johnson Ferry Road, Marietta, GA 30062
P 678-569-9622 www.ymcaatlanta.org