



**Track & Field instruction and competition sanctioned by USATF. Events offered: long distance, middle distance, sprints, hurdles, relays, mini-javelin, shot put, discus, long jump, high jump and pentathlon.**



# **SPIRIT TRACK & FIELD CLUB**

## **AGES 8-18**

**Practices: M/W/TH afternoons  
at Dunwoody High School  
6:00 - 7:30 PM**

**First Meet April 30, 2011**

## **Register Today! Class**