

Swim Lessons

Register online now!

PARENT-CHILD CLASSES ages 6 months-4 years

Shrimp/Kipper ages 6 months-2 yrs: This is a parent/child class to get the children comfortable in the water.

T/TH: 12:30 pm

Baby Pike ages 2-4: Parent will be in the water with their child while learning Pike level skills.

T/TH: 6:00 pm

PRESCHOOL CLASSES ages 3-5

Pike (Beginner): Pool safety, adjustment and independent movement. Learn basic paddle stroke, kicking skills and how to put face water.

M-TH: 12:00 pm, 12:30 pm, 4:30 pm

Eel (Advanced-Beginner): Kids comfortable in water and independently submerses face in water. Learn to kick, float and use arm strokes.

M-TH: 12:00 pm, 12:30 pm, 4:30 pm, 5:00 pm, 7:00 pm

Ray (Intermediate): Swims independently 10 ft. to the instructor and back to the wall. Learn strokes & breathing.

M-TH: 4:30 pm

YOUTH CLASSES ages 6-12

Polliwog (Beginner): Adjust and get comfortable with the water. Learn kicking, floating, pool safety and more.

M-TH: 11:45 am, 5:00 pm

Guppy (Advanced Beginner): Front & back crawl will be introduced. Goggles recommended.

M-TH: 11:45 am, 5:00 pm, 7:00 pm

Minnow (Advanced): Introduce breaststroke, open turns and breathing techniques. Goggles & fins recommended.

M-TH: 7:00 pm

ADULT CLASSES ages 13+

Adult (Beginner): Learn to swim or improve technique.

M-TH: 7:00 pm

QUESTIONS? ramanah@ymcaatlanta.org



SESSION & REGISTRATION DATES

Parent-Child Classes

2-Week Sessions: Tuesday/Thursday

MEM: \$29.50 PRO: \$42

Preschool Classes

2-Week Sessions: Monday – Thursday

MEM: \$59 PRO: \$84

Youth & Adult Classes

2-Week Sessions: Monday – Thursday

MEM: \$70 PRO: \$95

Session 1: May 29 – June 7

Register: MEM = April 26 • PRO = May 1

Session 2: June 11 – June 21

Register: MEM = June 5 • PRO = June 6

Session 3: July 9 – July 19

Register: MEM = June 19 • PRO = June 20

Session 4: July 23 – August 2

Register: MEM = July 17 • PRO = July 18



SPLASH AROUND WEEK

Join us for one hour each day for water fun, incorporating swimming skills.

June 25 – June 28

Preschool: 12:00 pm, 4:00 pm

Youth: 12:00 pm, 5:00 pm

MEM: \$20 PRO: \$30

Register: MEM = June 19 • PRO = June 20

PRIVATE SWIM LESSONS

Private/Semi-private Lessons members

only, ages 3+: One-on-one instruction, for a wide range of swimming abilities. Six 30-minute lessons between you and an experienced instructors. Fill out a private swim lesson request and an instructor will contact you within two weeks. Payment required at registration.

\$120/each; \$100 each (2 people);

\$80 each (3 people)

Must be used within 6 months of purchase.

*****Parents must stay in the building while children are in programs.**