

YMCA Sports

Register online now!

SOCCKER thomasb@ymcaatlanta.org/suzanm@ymcaatlanta.org

Sporties for Shorties ages 2.5-3.5: A non-competitive parent/child program. Kids explore the simplest basics of group sports, along with games and free play. Emphasis is on having FUN while developing your child's large & small motor skills, attention span & ability to follow directions. Includes a t-shirt and ball.

Soccer at Hubert Park

Saturdays, September 15 - October 20

MEM: \$36 PRO: \$46

Registration ends 1-week before start or until full!



YMCA STRIKER Soccer Leagues ages 4-19: We offer soccer leagues for all ages and levels at the YMCA.

Open Registration: Now - July 23

Late Registration: \$10 late fee applied after July 23

U4/U5 Micro Soccer: September 15 - October 20

MEM: \$50 PRO: \$65 (Includes T-shirt, ball)

U6/U8 Rec Soccer: August 20 - November 3

MEM: \$100 PRO: \$130 (Includes T-shirt, ball)



U10/U19 Rec Soccer: August 20 - November 3

MEM: \$160 PRO: \$189 (Includes uniform)

Select Soccer:

U10-U13 Tryouts: May 29-31

U14+ Tryouts: June 5-7

FOOTBALL llyodh@ymcaatlanta.org

NFL Flag Football ages 4-15:

Come and play flag football at the Y. Game days are at the Cedarcrest Sports Complex. Practice before each game. Shirts provided.

Saturdays, November 10 - January 26

Skipping Nov. 24, Dec. 22 & 29 and Jan. 4

MEM: \$69 PRO: \$99



ADULT BASKETBALL llyodh@ymcaatlanta.org

Adult Basketball League ages 18+: Join this summer for six week of regular, friendly competition.

Mondays, July 9 - August 13

MEM: \$50 PRO: \$65



TAE-KWON-DO melissab@ymcaatlanta.org

Session 2: May 8 - June 30

Session 2: July 3 - August 25



Tae-Kwon-Do ages 3.5-6: Martial Arts fun that teaches the fundamentals. No uniform or equipment to start program.

Saturdays, 10:00 am - 10:30 am

MEM: \$42 per child PRO: \$55 per child

Tae-Kwon-Do ages 7-adult: A NEW, evolved form of Tae-Kwon-Do is back at the YMCA. This style of Tae-Kwon-Do, known as Kyuki-Do, adds techniques of Hapki Do, Judo and Jiu-Jitsu to form one well-rounded art. A family friendly class for all skill levels. No uniform or equipment necessary to start the program!

Saturdays, 10:30 - 11:30 am and/or

Tuesdays, 6:30 - 7:30 pm

Once a week: MEM: \$84 PRO: \$110

Twice a week: MEM: \$150 PRO: \$192