

KARATE

Karate ages 3+: At The Villages at Carver Family YMCA, we teach Tang Soo Do, a traditional Korean martial arts of self-defense. The name means "way of the empty hand." Martial Arts helps develop confidence, physical fitness, self-defense, discipline, and overall better health.

Youth (3-12)

Wednesdays, 6:00 - 6:45 pm
Fridays, 5:30 - 6:15 pm
Activity Room 1 or Gymnasium

Adult (13+)

Wednesdays, 7:00 - 7:50 pm
Fridays, 6:15 - 6:45 pm
Activity Room 1 or Gymnasium

Session: July 6 - 29 *register by July 1*
Session: August 3 - 26 *register by July 29*
Session: September 7 -30 *register by September 2*

Please note:

- Uniforms are not included in the price and can be purchased from the instructor for \$35
- Registrations received after the late registration deadline will be assessed an additional \$10 late fee.

MEM: \$46 PRO: \$66
\$10 Late fee if registering after listed reg date!



T-BALL & BASEBALL

Spring T-Ball & Baseball ages 4-14: Our developmental baseball league focuses on basic skills and good sportsmanship. Volunteer coaches are needed. Financial assistance available.

Registration: Starts in the Spring of 2012

Season: April - July 2012

MEM: \$75 PRO: \$95

*Prices do not include \$25 uniform set

INSPIRING SUCCESS IN CHILDREN THROUGH SPORTS