

Sports & Rec

Register online now!

MARTIAL ARTS

Hapkido Martial Arts ages 8-12:

June – August

Saturdays, 10:30 am - 12:00 pm

MEM: \$125 PRO: \$150



LACROSSE

Learn to Play Lacrosse ages 4-6: Learn the basic fundamentals of LAX. Your child will be taught stick work and basic skills needed to play lacrosse. This will be held at Windsor Parkway Sports Complex.

June 6 – July 18

Wednesdays, 4:15 - 5:00 pm

Registering now

MEM: \$75 PRO: \$100



FOOTBALL

Learn to play Flag Football ages 4-6: Do you have a little one interested in football? The YMCA will teach your child the basics. They will learn running, how to throw a football and coordination. This will be held at Windsor Parkway Sports Complex.

August 26 – October 21

Sundays, 2:30 – 3:00 pm

Registering now

MEM: \$90 PRO: \$120



LEARN GROW THRIVE



T-BALL

T-ball ages 3.5-5: Composed of instructional sessions, as well as games, and designed to teach kids the fundamentals of baseball at an enjoyable pace. Bring gloves and tennis shoes and the YMCA will bring the rest! Games played at Frankie Allen Park.

September 18 – November 6

Tuesdays, 5:30 - 6:30 pm

MEM: \$90 PRO: \$120



QUESTIONS? christopherm@ymcaatlanta.org