

# Gymnastics, Dance & More

Register online now!

## GYMNASTICS

**Gym Joeys ages 18 mos-3 yrs:** This is a 40-minute, parent-assisted class.

Saturdays, 8:20 am – 9:00 am or 9:00 am – 9:50 am

**Gym Lizards ages 3.5-5:** This is a 50-minute, non-parent assisted class for beginners.

Saturdays, 9:45 – 10:30 am

## DANCE

**Ballet/Tap ages 3.5-5:** This 45-minute class focuses on pre-ballet discipline, poise, extension balance and control. Participants also learn the fundamentals of tap. (Tap shoes and attachments are not included).

Saturdays, 9:45 – 10:30 am

**Petite Feet ages 3-5:** This 30-minute class for beginner ballerinas develops motor skills and teaches dance positions.

Saturdays, 9:00-9:30am

## FIT KIDS

**Group Exercise Classes:** Available to facility member kids at no additional cost.

**Kids Rock ages 3-5 & Kids PE 101 ages 6-9:** These classes focus on increasing cardio strength within a fun and inviting environment. Classes are taught by an instructor.

Tuesdays & Thursdays:

Ages 3-5: 3:30 – 4:15 pm

Ages 6-9: 4:00 – 5:00 pm

## GREEN-THUMB KIDS

**Kids Garden ages 3-9:** This hands-on class meets weekly. Children tend their garden and enjoy its harvest.

Tuesdays (May-October), 3:00-3:30 pm

**QUESTIONS?** amyg@ymcaatlanta.org



## GYMNASTICS & DANCE SESSIONS

### Two 5-week Summer Sessions

Session 1: June 2 to June 30

Session 2: July 21 to Aug. 18

MEM: \$60 PRO: \$85



## BIRTHDAY PARTY & FACILITY RENTALS

**Build Your Own Party:** For more information, or to reserve your party today, please call Belise Michel at 404-267-4845.

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Arts & Crafts • Games & More