

Youth Sports

Register online now!

The Y is the starting point for many youth to learn about becoming and staying active, and developing healthy habits they will carry with them throughout their lives. And the benefits are far greater than just physical health. Whether it is gaining the confidence that comes from learning to swim or building the positive relationships that lead to good sportsmanship and teamwork, participating in sports at the Y is about building the whole child, from the inside out.

ONGOING SPORTS

Karate ages 5-adult: Learn Japanese Shotokan style Karate at the YMCA! Please sign up at the Program Registration Desk.

Mondays, 6:30 pm

MEM: \$35/monthly PRO: \$50/monthly



SUMMER SPORTS

Baseball ages 4-8: There are no try outs on the recreational level. U6 will practice before their game on Saturdays. U8 Tuesdays or Thursdays during the week at the Cherokee Outdoor YMCA, and games will be on Saturdays.

Season: June 2 – July 28

MEM: \$75 PRO: \$90



FALL SPORTS

Volleyball females ages 9-15: Originally started by the Y, volleyball is a fun team sport that develops character and teamwork.

Season: September 8 – November 2

MEM: \$80 PRO: \$95



STRIKER Soccer ages 3-16: Y soccer is designed to build teamwork, basic skills and love of the sport.

Season: September 8 – November 3

U4, U5 & U6: MEM: \$75 PRO: \$90 uniform included

Choose location: Outdoor Y or Woodlands

U8: MEM: \$75 PRO: \$90 Uniform: TBD

Choose location: Outdoor Y or Woodlands

U10 & U12: MEM: \$95 PRO: \$110 Uniform: TBD

Location: Outdoor Y

U14 & U16: MEM: \$95 PRO: \$110 Uniform: TBD

Location: Riverside and travel is required.



WINTER SPORTS



Coed Youth Basketball ages 4-10:

Originally started by the Y, basketball is a fun co-ed team sport that develops character and teamwork. U6 will practice 30 minutes before their game on Saturdays. U8-10 will practice one evening during the week and play games on Saturdays.

Season: December 1 – February 2

U6: MEM: \$70 PRO: \$85

U8 & U10: MEM: 80 PRO: \$95

Cheerleading females ages 4-10:

Season: December 1 – February 2

MEM: \$70 PRO: \$85 Uniform: \$35

Coed Indoor Soccer ages 6-12:

Season: December 8 – February 9

MEM: \$65 PRO: \$80

Questions? Contact Jordan Wood at 678-880-3516 or jordanw@ymcaatlanta.org