

Swim Lessons

Register online now!

PARENT/CHILD CLASSES ages 6 months-4 years

Parent/Tot ages 6-23 months: Encourages a child to work towards independence in the water with a parent through songs and games. M-TH: 11:45 • SAT: 9:00 am

Two Much Fun ages 2-4 years: Designed to introduce basic movements through songs and games to prepare children for preschool lessons. M-TH: 11:45 • SAT: 9:00 am

PRESCHOOL SWIM LESSONS ages 3-5

Classes are 30-minutes. Class ratio is 4:1

Pike I (Beginner I): No skills required. Must be ready for group setting without parent. (Not ready? Try 2 Much Fun Class)
M/W: 5:30 pm, 7:00 pm • T/TH: 6:10 pm
M-TH: 9:50 am, 10:30 am, 3:00 pm, 3:40 pm
SAT: 10:50 am • SUN: 1:00 pm

Pike II (Advanced Beginner II): Enjoys blowing bubbles, submerging head completely, comfortable with front/back float, jumps without assistance, and independent with floatation.
M/W: 5:30 pm • T/TH: 5:30 pm, 6:10 pm
M-TH: 9:50 am, 10:30 am, 3:00 pm, 3:40 pm
SAT: 10:00 am, 11:00 am • SUN: 1:00 pm

Eel (Intermediate): Completed skills required for Pike II plus front and back float for 5 seconds, jumps in and swims solo 10 feet with eyes in water.
M/W: 7:00 pm • T/TH: 5:30 pm • M-TH: 12:00 pm, 4:20 pm
SAT: 10:00 am, 11:00 am • SUN: 2:30 pm

Ray/Starfish (Advanced): Completed skills required for Eel plus swim at least 15 yards. May be able to swim a modified front crawl, elementary backstroke & tread water.
M-TH: 12:00 pm, 4:20 pm
SAT: 9:30 am

PRIVATE SWIM LESSONS

Private/Semi-Private Swim Lesson: members only: Session consists of 3 hrs. of instruction (Options: 6, 30-min. lessons, 4 45-min. lessons or 3 1-hr. lessons).
MEM: Private \$150 Semi-Private \$230 (duo at \$115 each)

Adaptive Aquatics: One-on-one instructor is available for special needs members.
MEM: \$150 PRO \$200 for Six, 30-minute lessons One-on-one!



SESSION DATES

M/W or T/TH (8 classes - 2 days a week for 4 weeks)
June 4 - June 28

*COA: May 18 • MEM: May 21 • PRO: May 25

July 2 - July 26

*COA: June 15 • MEM: June 18 • PRO: June 22

No lessons July 4. Make-up on Friday, July 6

M-TH (8 classes - 4 days a week for 2 weeks)

June 4 - June 14

*COA: May 18 • MEM: May 21 • PRO: May 25

June 18 - June 28

*COA: May 18 • MEM: May 21 • PRO: May 25

July 2 - July 12

*COA: June 15 • MEM: June 18 • PRO: June 22

No lessons July 4. Make-up on Friday, July 6

July 16 - July 26

*COA: June 15 • MEM: June 18 • PRO: June 22

July 30 - August 9

*COA: June 15 • MEM: June 18 • PRO: June 22

SAT or SUN (4 classes - 1 day a week for 4 weeks)

June 2 - June 24

*COA: May 18 • MEM: May 21 • PRO: May 25

July 7 - July 29

*COA: June 15 • MEM: June 18 • PRO: June 22

PRICING:

Weekdays: MEM: \$70 PRO: \$95

4 Classes: MEM: \$45 PRO: \$65

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YOUTH SWIM LESSONS ages 6-12

Classes are 45 minutes. Class ratio is 6:1.

Polliwog I (Beginner): No skills required.

M/W: 6:10 pm • T/TH: 6:45 pm • M-TH: 11:10 am, 4:40 pm
SAT: 10:10 am • SUN: 1:40 pm

Polliwog II (Beginner II): Enjoys blowing bubbles, submerging head completely, comfortable with front/back float, jumps in freely and can paddle 10 feet solo with eyes in water.

M/W: 6:10 pm • T/TH: 6:45 pm • M-TH: 11:10 am, 4:40 pm
SAT: 11:40 am • SUN: 1:40 pm

Guppy (Advanced Beginner): Completed skills required for Polliwog II plus front paddle with eyes in water, back paddle and side paddle 20 yards without floatation.

M/W: 6:20 pm • T/TH: 5:30 pm • M-TH: 10:50 am, 3:50 pm
SAT: 10:40 am • SUN: 3:30 pm

Minnow (Intermediate I): Completed skills required for Guppy plus swim 25 yards nonstop performing freestyle with side breathing, side kick and backstroke.

M/W: 5:30 pm • T/TH: 6:20 pm • M-TH: 10:00 am, 3:00 pm
SAT: 11:00 am • SUN: 2:30 pm

Fish (Advanced Intermediate): Completed skills required for Minnow plus swim 50 yards nonstop freestyle, backstroke, sidestroke, elementary backstroke and have an understanding of breaststroke.

T/TH: 7:15 pm • SAT: 11:30 am

Flying Fish/Shark (Advanced): Completed Fish plus perform multiple laps of freestyle, backstroke, breaststroke, sidestroke and has been introduced to the butterfly.

T/TH: 7:15 pm • SAT: 12:10 pm

Competitive Stroke Clinic ages 6-16:

M/W: 6:30 pm • T/TH: 6:45 pm • SAT: 1:00 pm

ADULT SWIM LESSONS ages 13+

Adult Beginner: No skills required.

M/W: 7:15 pm
SAT: 8:15 am, 12:00 pm • SUN: 3:00 pm

Adult Intermediate: Swim 25 yards and comfortable in the deep end of the pool.

M/W: 7:15 pm
SAT: 8:15 am, 12:00 pm • SUN: 3:15 pm



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July 2 - July 26

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