

Sports

Register online now!

KARATE

Soo Bahk Do Karate ages 5+: A traditional Korean martial art, focusing on the development of mind, body and spirit and emphasizing endurance, patience, confidence, and most importantly, the avoidance of conflict. 4-week sessions.

Introductory by appointment only

Basic: Thursdays, 6:15 – 7:00 pm

Saturdays, 8:45 – 9:30 am

Mastery: Thursdays, 7:15 – 8:00 pm

Saturday, 8:00 – 8:45 am

Leadership: Thursdays, 7:15 – 8:00 pm

Saturdays, 9:30 – 10:15 am

MEM: \$75/month PRO: \$85/month



SOCCER Register now - February 6

Kiddie Kickers coed age 3: Kids will learn the fundamentals of soccer while playing in a positive and fun environment.

Saturdays only: March 10 - April 28 (No games week of April 2)

MEM: \$63 PRO: \$73

Youth Soccer ages 4-9: Players will learn to play to the best of their abilities at the instruction of Volunteer coaches!

Saturday Games: March 3 - May 5 (No games week of April 2)

Practice: begins week of February 27

Coaches meeting, February 15 at 7:00 pm at the Y

Parent Orientation: Thursday, February 16 at 6:30 pm at the Y

MEM: \$96 PRO: \$106

FLAG FOOTBALL Register now - February 6

Flag Football coed ages 5-10: Players learn fundamentals of flag football in a fun atmosphere.

Saturday games and weekday practices. 8 week program

Coaches Meeting: Tues, February 21, 7pm at the Y

Parent Orientation: Thurs, February 23, 6:30pm at the Y

Practices begin: Week of February 27

Games: Saturdays, March 3-May 1 (weather permitting)

MEM: \$96 PRO: \$106



BASKETBALL Register March 12 - April 16

Summer Youth Basketball League coed ages 3-12: Boys & girls will practice once a week with games Saturdays.

Practice starts: Week of May 7

Games: May 12 - June 23 (No games May 25)

Ages 3-8: MEM: \$80 PRO: \$90

Ages 9-12: MEM: \$100 PRO: \$110

T-BALL Register January 30 - February 27

Spring T-Ball ages 3-6: Learn the fundamentals in a fun & positive environment.

Practice starts: Week of March 12

Games: March 17 - May 5 (No games April 2)

Coaches meeting March 6 at 7:00 pm at the Y

MEM: \$96 PRO: \$106

VOLLEYBALL Register January 30 - March 5

Volleyball ages 8-14: Learn the game in a fun & positive environment.

Mondays & Wednesdays

Ages 8-10: 6:00 pm • Ages 11-14: 7:00 pm

Season starts March 19 (No games April 2)

Coaches meeting March 14, 7:00 pm at the Y

MEM: \$90 PRO: \$100